

Webster Groves Lions Newsletter

Squeal

February/March 2019
Volume 5, Issue 1
www.webstergroveslions.org

Celebrating our 94th Anniversary
2019

President Lion Sandy Halama
Members: 63



President's Message

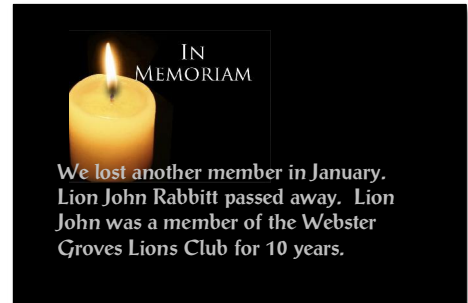
My fellow Lions, well here we are, a new year, a new day and hopefully we are feeling good!

It is the end of January when our activities have been pretty dormant giving us time to rest and recharge. Now our Club's activities are getting back to normal. We recently had a table at the Kirkwood Lions Trivia and will have a few tables this week at Meramec Heights' trivia. It is always good to support our fellow Clubs' activities. The District Calendar is a great source to see fellow club activities and fundraisers. Check it out, there may be something fun for you!

Next month is District Convention. Governor Joe has changed it up and reduced the time commitment from 3 days to 2. I'm looking forward to enjoying our Club's hospitality table in the main room with all the other Clubs. It should be a fun event and hopefully many of our members can make it. It is only \$2 to attend the Hospitality night. What a great way to spread fellowship and friendship with like-minded service individuals. And remember, what happens at the hospitality room, stays at the hospitality room, so plan on having fun!

Also, in February is the next District wide service project to help fight hunger. On February 24th, members will volunteer to fast for 6 hours with sponsors committing monetary donations. The day will include games and activities to keep our minds off our growling stomach and in anticipation of the pizza and drink afterwards. This is a fun way to raise money and awareness for hunger. If interested in participating, please contact Lion Teddi.

So with February heating up to be one of our more busy months, it is coming in like the proverbial lion and leaving March to be the lamb. Most of you know we are not having a March barbeque. Take the second weekend to



spend time with family and friends and get ready for Spring! If you are desperate for something to do, maybe watch Marie Kondo, the current "organizing guru" fad, and get rid of those items that don't bring you joy - NOTE: spouses, children and family members do not apply!

Great news on the membership front! In the month of January, we installed 3 new members!! Welcome to Lions Craig & Rebecca Brown and Lion Kenny Rogers. We are excited about the newest Lions and look forward to seeing them at upcoming events. When you see them make sure to give them a huge welcome.

In closing we are saddened by the loss of one of our members, Lion John Rabbitt. Lions also said goodbye to Lion Shirley Re and Lion CB Bonham. It was a tough week for our Lions District. Our hearts go out to each family, may they find peace in the memories of their loved ones. Remember, whether words or a hug, always let those you love know it.

Stay warm!
Yours in Lionism
President Lion Sandy

Farewell!!

After 5 years and 20 issues, it is time to say farewell. This is my last issue. It is time for new ideas and approach.

Lion Rob has graciously agreed (or so I was told) to take over producing the publication after April 1st, and I am sure he will be as delightful as I know he can be.

I hope you have enjoyed the past issues; I tried to be informative and have some fun long the way.

Lion Fred

Contents

| | |
|-----------------------------|---|
| President's Message | 1 |
| Newsworthy | 2 |
| Officers/Board of Directors | 2 |
| Committee Chairs | 2 |
| Of Interest | 3 |
| Featured Lion | 4 |
| Birthdays | 5 |
| Anniversaries | 5 |
| Memories | 6 |
| Potpourri | 7 |

Our Motto
"We Serve"

Webster
Groves
Lions
Est. 1925

For Eye, Eye Surgery, Hearing, & Glasses Assistance
HOTLINE PHONE: 314-645-3500
EMAIL: hotline@lions26m2.org
WEBSITE: www.lions26m2.org

OFFICERS & BOARD MEMBERS 2018 - 2019

| | |
|----------------------|----------------------|
| President | Lion Sandy Halama |
| Past President | Lion John Gregory |
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| 2 nd Vice | Lion Missy Carr |
| 3 rd Vice | Lion Pat Rabbitt |
| Secretary | Lion Teddi Speeler |
| Treasurer | Lion Vicky Swederska |
| Tail Twister | Lion Rob Halama |
| Lion Tamer | Lion Fred Yoder |
| LCIF Coordinator | Lion John Gregory |
| Service Chair | Lion Teddi Speeler |
| Mktg/Comm. Chair | Lion Fred Yoder |
| Membership Chair | Lion Becky Speeler |

Directors:

Lion Mike Swederska
Lion Jerry Clubbs
Lion Ryan Whittington

Committee Chairs:

Membership Chair:

Lion Becky Speeler,
Cell: 314-724-3735
Email: speeler22@hotmail.com

Welfare Chair:

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Carnival Chair:

Lion Becky Speeler
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Email: speeler22@hotmail.com

Scholarship Chair:

Lion Phil Hunt
Cell: 314-341-6340
Email: phil@bhhsadv.com

Small Event chair:

Lion Larry M. Schumaier
Cell: 314-952-5706
Email: lmstgr@sbcglobal.net

Helen Keller 1904



Making the World Accessible: The Latest Tech for the Blind and Visually Impaired

Complete darkness? Blurriness? Tunnel vision? Either completely or partially losing the sense of sight is difficult to imagine for most people, but for thousands it is the reality of daily life. While white canes and guide dogs are aids that have stood the test of time, innovative technology is being utilized to make day-to-day life easier for blind and visually impaired people. From smartwatches with braille and glasses with an integrated camera for reading, to apps that offer more independence and freedom, we take a look at some of the best tech around.

Glasses that can read and recognize faces

Cameras that recognize text and enlarge it on-screen are a wonderful resource for people who are visually impaired, and [OrCam](#) takes this concept a step further. It is a camera that can be fixed to any regular pair of glasses, which is then connected to a small computer that can be tucked away in a pocket or bag. With a simple hand gesture, the OrCam will recognize and read text, articulating it to the wearer through a small speaker. As well as text, the OrCam can recognize street signs, menus, bank notes, and even faces. The OrCam helps blind and visually impaired people reclaim a level of independence, and with continued development will undoubtedly become faster and more accurate in the future.

MyTherapy: The Accessible Health App

- Simple and accessible for all
- VoiceOver and Talkback compatible
- Comprehensive health tracker

A similar piece of tech called [Horus](#) is expected to hit the market in 2018. Horus' design is akin to a pair of sports headphones, meaning it can be worn with or without glasses. Like the OrCam it is attached to a pocket unit, which also acts as the control center, with different shaped buttons for each function. The camera can read text, recognize people, and identify objects, even if viewed at an angle. Horus will initially be available in English, Italian and Japanese, with more languages in the pipeline.

The smartwatch with Braille display

Whereas most smartwatches for blind and visually impaired people rely on audio feedback, [Dot](#) features a Braille display. It's rolling four-letter display will allow users to tell the time, receive notifications, and read messages, while accepting a call is made easy thanks to buttons on the side. The open API

allows developers to write their own apps to be used with the Dot.

Apps that make life more accessible

As well as new and innovative wearable devices, apps are helping utilize the piece of tech many people already own: a smartphone. [TextDetective](#) and [Prizo](#) scan texts, business cards, menus, and packaging and read it back to the user via [VoiceOver](#) or [TalkBack](#). For people with chronic diseases such as diabetes, [MyTherapy](#) (free for [iOS](#) and [Android](#)) features such as medication reminder, health diary, and symptom tracker are also accessible thanks to VoiceOver and Talkback. This gives blind and visually impaired people the ability to take greater control of any other medication they may need in day-to-day life.

In addition to reading, communication, and health management, people with visual impairments also face challenges when it comes to leisure activities such as going to the cinema. [Greta](#), whose sister app Stark helps those who are hard of hearing, is an app that provides audio descriptions to the user. Greta's developers work with film distributors to make the audio descriptions accessible free of charge to users, who can sit back, relax, and enjoy great films, either at home or at a cinema.

[Be My Eyes](#) is an app that is driven by community spirit and a willingness to help from volunteers. When a blind or visually impaired person needs support, whether it's reading the expiry date on a carton of milk, crossing the road, or anything in between, they can use the app to swiftly connect to an able-sighted user via live audio-video chat. The person on the other end lends a moment of their time to help, making everyday obstacles easier for the user to overcome.

What tomorrow holds

The world of technology offers new and exciting ways of making the world more accessible for the blind and visually impaired. The development of virtual reality glasses, which are able to create a 3D world in front of the user's eyes, offers a host of new opportunities.

With innovators pushing the boundaries, we are excited to see what developments are just around the corner.

WG Lions Welfare has helped 10 people with eye glasses, exams and other vision related issues since April of 2016. Since Lion Mike started as Welfare Chair in April 2011, WG Lions club has helped 180 people with vision issues.

Just imagine if every Lion, 1.4 million, asked one person to join their club...

...now imagine how much more Lions could do and how many more people they could serve!

All it takes is asking one person...get started today!!!



Board Meetings

February 7th & March 7th, 2019
3540 Greenwood Blvd.
Maplewood, MO 63143

Business Meetings

February 14th & March 14th, 2019
Hawken House Hearth Room
1155 S. Rock Hill RD.
Webster Groves, MO 63119

General Meetings

February 21st & March 21st, 2019
Hawken House Hearth Room
1155 S. Rock Hill RD.
Webster Groves, MO 63119

District Convention

February 15th & 16th, 2019

Service Project - Day of Fasting

February 23rd, 2019

I was asked by person a few days ago "why do I place photos of Helen Keller in the Squeal, and who is Helen Keller". Kinda took me by surprise. During induction we make a strong case for Melvin Jones but no mention of Helen Keller.

WHO IS HELLEN KELLER AND WHY THE LIONS?

Helen Keller, in full **Helen Adams Keller**, (born June 27, 1880, Tuscumbia, Alabama, U.S.—died June 1, 1968, Westport, Connecticut), American author and educator who was blind and deaf. Her education and training represent an extraordinary accomplishment in the education of persons with these disabilities.

Keller was afflicted at the age of 19 months with an illness (possibly scarlet fever) that left her blind and deaf. She was examined by Alexander Graham Bell at the age of 6. As a result, he sent to her a 20-year-old teacher, Anne Sullivan (Macy) from the Perkins Institution for the Blind in Boston, which Bell's son-in-law directed. Sullivan, a remarkable teacher, remained with Keller from March 1887 until her own death in October 1936.

Within months Keller had learned to feel objects and associate them with words spelled out by finger signals on her palm, to read sentences by feeling raised words on cardboard, and to make her own sentences by arranging words in a frame. During 1888-90 she spent winters at the Perkins Institution learning Braille. Then she began a slow process of learning to speak under Sarah Fuller of the Horace Mann School for the Deaf, also in Boston. She also learned to lip-read by placing her fingers on the lips and throat of the speaker while the words were simultaneously spelled out for her. At age 14 she enrolled in the Wright-Humason School for the Deaf in New York City, and at 16 she entered the Cambridge School for Young Ladies in Massachusetts. She won admission to Radcliffe College in 1900 and graduated cum laude in 1904.

Having developed skills never approached by any similarly disabled person, Keller began to write of blindness, a subject then taboo in women's magazines because of the relationship of many cases to venereal disease. Edward W. Bok accepted her articles for the [Ladies' Home Journal](#), and other major magazines—[The Century](#), [McClure's](#), and [The Atlantic Monthly](#)—followed suit.

She wrote of her life in several books, including *The Story of My Life* (1903), *Optimism* (1903), *The World I Live In* (1908), *My Religion* (1927), *Helen Keller's Journal* (1938), and *The Open Door* (1957). In 1913 she began lecturing (with the aid of an interpreter), primarily on behalf of the American Foundation for the Blind, for which she later established a \$2 million endowment fund, and her lecture tours took her several times around the world. She cofounded the American Civil Liberties Union with American civil rights activist Roger Nash Baldwin and others in 1920. Her efforts to improve treatment of the deaf and the blind were influential in removing the disabled from asylums. She also prompted the organization of commissions for the blind in 30 states by 1937.

And Why the Lions?

In 1925, Helen Keller attended the Lions Clubs International Convention in Cedar Point, Ohio, USA and challenged Lions to become "knights of

the blind in the crusade against darkness." Since then Lions from across the globe have worked tirelessly to aid the blind and visually impaired.

Below is the text of the speech Helen Keller made on that historic day.

"June 30, 1925

Dear Lions and Ladies:

I suppose you have heard the legend that represents opportunity as a capricious lady, who knocks at every door but once, and if the door isn't opened quickly, she passes on, never to return. And that is as it should be. Lovely, desirable ladies won't wait. You have to go out and grab 'em.

I am your opportunity. I am knocking at your door. I want to be adopted. The legend doesn't say what you are to do when several beautiful opportunities present themselves at the same door. I guess you have to choose the one you love best. I hope you will adopt me. I am the youngest here, and what I offer you is full of splendid opportunities for service.

The American Foundation for the Blind is only four years old. It grew out of the imperative needs of the blind, and was called into existence by the sightless themselves. It is national and international in scope and in importance. It represents the best and most enlightened thought on our subject that has been reached so far. Its object is to make the lives of the blind more worthwhile everywhere by increasing their economic value and giving them the joy of normal activity.

Try to imagine how you would feel if you were suddenly stricken blind today. Picture yourself stumbling and groping at noonday as in the night; your work, your independence, gone. In that dark world wouldn't you be glad if a friend took you by the hand and said, "Come with me and I will teach you how to do some of the things you used to do when you could see?" That is just the kind of friend the American Foundation is going to be to all the blind in this country if seeing people will give it the support it must have.

You have heard how through a little word dropped from the fingers of another, a ray of light from another soul touched the darkness of my mind and I found myself, found the world, found God. It is because my teacher learned about me and broke through the dark, silent imprisonment which held me that I am able to work for myself and for others. It is the caring we want more than money. The gift without the sympathy and interest of the giver is empty. If you care, if we can make the people of this great country care, the blind will indeed triumph over blindness.

The opportunity I bring to you, Lions, is this: To foster and sponsor the work of the American Foundation for the Blind. Will you not help me hasten the day when there shall be no preventable blindness; no little deaf, blind child untaught; no blind man or woman unaided? I appeal to you Lions, you who have your sight, your hearing, you who are strong and brave and kind. Will you not constitute yourselves Knights of the Blind in this crusade against darkness?

I thank you."

LIONS Rebecca & Craig Brown

FEATURED LION

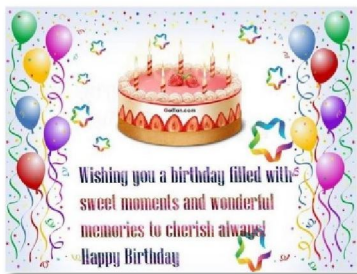
Who Is It: Rebeca Brown
 Married to: Lion Craig Brown
 Children: James & Joseph
 Resides in: Webster Groves
 Pets: 2 dogs, Zeus & Raven
 Born and Raised: Maplewood
 Childhood Dream Career: To be a Mommy
 Something we don't know about you: I lost almost 100# 7-years ago
 Talents: Ability to make you smile
 Free Time: Walking with my best friends
 Hobbies: Reading, writing, traveling, community work
 Proud Accomplishment: Fulfilling my childhood dream career (and running 2 half marathons)
 Favorite Holiday: Thanksgiving
 Favorite Food: CHICKEN!!!
 Favorite Movie: Apollo 13, Erin Brockovich, The Notebook
 Favorite TV Show: Grey's Anatomy
 Favorite Music: All genres have something I like
 What Do You Like About Your Job? Helping people.
 Why Do You Like Being A Lion? The camaraderie, the upholding of traditions.
 Why Did You Become a Lion? To be a part of an organization that truly helps people! My daddy was a Lion and he was always involved in some activity! It's important to me to lead my children by example. Becoming a Lion allows for the participation of helping people in the community we live in.

FEATURED LION

Who Is It: Craig Brown
 Married to: Lion Rebecca Rose Kastner Brown
 Children: James & Joseph
 Resides in: Webster Groves
 Pets: 2 dogs, Raven & Zeus
 Church: Believe that everything living deserves kindness, love, respect, and to be understood
 Born and Raised: Webster, Kirkwood, Fenton
 Childhood dream Career: Wish I remembered
 Something we don't know about you: That one day I hope to do something great
 Talents:
 Free Time: Outdoors and nature
 Hobbies: Learning, hiking, and anything fun
 Proud Accomplishments: Every day completed.
 Favorite Holiday: 4th of July
 Favorite Food: N/A
 Favorite Movie: Shawshank Redemption
 Favorite TV Show: This Old House
 Favorite Music: Anything with substance
 What Do You Like About Your Job: Growing with customers and meeting new ones. Understanding where they come from and what makes them who they are.
 Why Do You Like Being A Lion: The camaraderie.
 Why Did You Become a Lion? The Philanthropy.

February Birthdays

Lion Dennis Donze - 12th
Lion Michelle Krabbe - 19th



March Birthdays

Lion Norma Belcher - 6th
Lion Dave Whitney - 12th
Lion Lou Schopper - 20th

February Anniversaries

Lion Mary Ulrich - 4 yrs
Lion Raymond Johnson - 7 yrs
Lion Thomas Nieman - 7 yrs
Lion Tim Rabbit - 28 yrs

March Anniversaries

Lion Max Burton - 17 yrs
Lion Cheryl Davidson - 18 yrs
Lion Lee Keefer - 52 yrs

Perfect Attendance

In order to receive a perfect attendance pin, you must attend all 22 meetings. If you miss a meeting you can make it up by working a function, or attending another Lions meeting (Board Mtg., Zone Mtg., etc.) within a two-week time frame.

Matching Funds

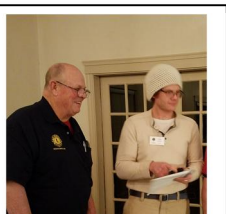
If you have a specific organization you would like to donate to, the club will match your donation up to \$500. For the club to match your donation, you must submit to the president or secretary a description of your charity and what it represents, a check made out to that organization, and an addressed envelope.

If you are interested in being on a committee for the upcoming year, please see President Lion Sandy Halama.

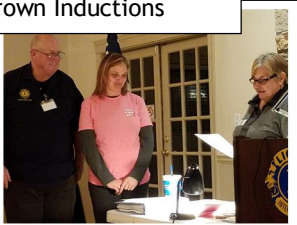
Keep an eye out for the next Squeal!
If you have any news or pictures, please submit to Lion Fred at contactus@webstergroveslions.com



PANCAKES WITH SANTA



Lions Craig & Rebecca Brown Inductions



Lion Kenney Rogers Induction



TOYS for KIDS



Laina Prehm, District Social Worker and Homeless Coordinator for Affton School District accepts a \$500 donation for the Cougar Backpack Program. This program supplies food for students in need.



AND, THE TWENTY-SEVENTH LETTER OF THE ALPHABET

WHY THE "AND" SYMBOL IS CALLED AN AMPERSAND

The English alphabet contains twenty-six letters, with two of the letters—"A" and "I"—themselves also constituting words. However, another character—the ampersand (&—was also, at times, included in the alphabet. And amazingly, the word "ampersand" is probably a by-product of the symbol's inclusion.

The ampersand was developed along with the rest of the alphabet back in the early years of Rome in the seventh century B.C.E. Romans would occasionally combine the letters "E" and "T" into a similar symbol, representing the word "et" meaning "and." It was included in the Old English alphabet, which was still in use into medieval times. When Old English was discarded in favor of the modern English we are familiar with, the ampersand maintained its status of "member of the alphabet" (to coin a phrase) to a degree, with some regions and dialects opting to include it until the mid-1800s.

Except that it was not yet called an ampersand. The "&" sign was, rather, referred to simply as "and"—which made reciting the alphabet awkward. As Dictionary.com states, it was (and is) odd to say "X Y Z and." So, people didn't. Instead, our lexicon developed another saying: "X, Y, and Z, and by itself, 'and'"—but instead of saying "by itself," the Latin phrase *per se* came into favor. The result? "And *per se*, and," or, muttered quickly by a disinterested student, "ampersand."

Why the inclusion of the ampersand in the alphabet fell out of use is anyone's guess, but there is a good chance that credit goes to the ABC song we are almost all familiar with—that is, the one that shares its tune with "Twinkle, Twinkle, Little Star" (and borrows from Mozart's "Ah Vous Dirai-je, Maman"). That song was copyrighted in 1835, around the time that the ampersand started falling out of favor with the rest of the ABCs.

Although Old English included the ampersand, it did not include a few letters we use today, notably "J," "U," and "W." "J" and "U" did not become letters until the sixteenth century (they were, instead, represented by "I" and "V," respectively), and "W" became a letter independent of "U" soon after.

Easy Pavlova

Ingredients

- 1 ¼ cup white sugar
- 4 egg whites
- 1 tsp Vanilla Extract
- 1 Tsp Lemon Juice
- 2 Tsp Corn Starch
- 1 Pt Heavy Cream
- 6 Kiwi Fruit, peeled and sliced



1. Preheat oven to 300 degrees F (150 degrees C). Line a baking sheet with parchment paper. Draw a 9-inch circle on the parchment paper.
2. In a large bowl, beat egg whites until stiff but not dry. Gradually add in the sugar, about 1 tablespoon at a time, beating well after each addition. Beat until thick and glossy. Gently fold in vanilla extract, lemon juice, and cornstarch.
3. Spoon mixture inside the circle drawn on the parchment paper. Working from the center, spread mixture toward the outside edge, building edge slightly. This should leave a slight depression in the center.
4. Bake for 1 hour. Cool on a wire rack.
5. In a small bowl, beat heavy cream until stiff peaks form; set aside. Remove the paper, and place meringue on a flat serving plate. Fill the center of the meringue with whipped cream, and top with kiwifruit slices.

To keep your meringue from being flat and grainy, try beating egg whites until stiff but not dry. Overbeaten egg whites lose volume and deflate when folded into other ingredients. Also, when beating in sugar, beat in about 1 tablespoon at a time, beating well between each addition. Then beat until meringue is thick, white and glossy. Be absolutely sure not a particle of grease or egg yolk gets into the whites. Other fresh fruit may be substituted for kiwi, like sliced strawberries, pineapple, mango, or a combination thereof

Publication Dates:

Feb/Mar - Jan 18th
 Apr/May - March 24th
 Jun/Jul - May 26th
 Aug/Sep - July 28th
 Oct/Nov - September 22nd
 Dec/Jan - November 25th

Please send any items you would like to see in this newsletter to Lion Rob Halama at: rjhalama@sbcglobal.net No later than 1 week prior to publication date.



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