

Webster Groves Lions Newsletter

Squeal

October/November 2018
Volume 4, Issue 5
www.webstergroveslions.org

Celebrating our 93rd Anniversary
2018

President Lion Sandy Halama
Members: 64



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Our Motto
"We Serve"

Webster
Groves
Lions
Est. 1925

For Eye, Eye Surgery, Hearing, & Glasses Assistance
HOTLINE PHONE: 314-645-3500
EMAIL: hotline@lions26m2.org
WEBSITE: www.lions26m2.org

President's Message

President's Message October 2018

Fall is almost upon us!

Or at least I think it is.

Temperatures right now are in the nice cool 70s, but next week we are back to the 90s. Can you say Indian Summer! I can always tell when Fall really gets here because my asters bloom and our front yard looks like a purple wave. The last burst of color before everything changes to winter. But for now, we have autumn colors, cool temperatures, and of course Pumpkin Spice everything! You gotta love it.

Fall also means going into the Holiday Season. Those of us who are lucky to have so much with our family and friends, parties, decorations, gifts, and good food/drink, often take for granted just how blessed we are. It is easy to forget that so many people don't have the joy this season can bring, but rather depression and sorrow.

As Lions, we work hard all year long to earn money to support our chosen charities and organizations. But let's be a little different this Holiday Season. We heard from District Governor Joe that LIONS are not just about giving away money, but are a service organization, one that gets out and performs service projects. We already have a jump on it as I prepare to deliver our collection of donated school supplies, and next week we will give all our hot dogs away at the Fire House Open House. Later in the month, we will not just serve hot dogs at Make a Difference Day, but will be completing some landscaping as a service project at the Webster Rec Center. We also have our first district wide project scheduled for Nov 4th, when we will be gathering at the Hawken House with other District 26-M2 clubs to put together Comfort Bags for Pediatric Cancer Patients at Children's Hospital. Members can either donate items for the bags or come to the event and help put them together. Please contact Lion Teddi if you have questions.

DG Lion Joe also challenged our club to identify one family in need of help with diabetes medicine or doctor visits. We all know (or should know) this



year LIONS International chose Diabetes as the area of concern. It is heartbreaking to hear stories of elderly people choosing between medicine and food. Stay tuned for more information as we try to meet DG Lion Joe's challenge.

We will continue to do the Christmas boxes, putting together various toys, toiletries, and candy for children, and of course collect toys at our Christmas Party in December.

However, there are other ways to help someone feel better and possibly just improve their day a little. By that I mean, interacting with people, those we know and those we don't know. A simple gesture of opening a door, helping a young mom with grocery bags, or letting a car go in front of you in line can go a long way to relieving stress and improving happiness, both yours and theirs. Maybe anonymously pay someone's bill at a store or restaurant. They say it works when we pay it forward. There is also something to be said for just making someone smile. And it can be as easy as a common courtesy. After all, we don't know what is happening in their day, we could just be the smile they need.

With that, I wish you all a Happy Fall, and may you enjoy all the Pumpkin Spice life has to offer!

Yours in Lionism

President Lion Sandy

RSVP FOR DINNER - TAKES ONLY A CLICK
Meals for our meetings are purchased & prepared by Lions Teddi & Becky which requires a lot of effort on their part. Our calendar service sends members notices of meetings with the opportunity to RSVP directly from your email with the click of a mouse. Please utilize this service **that we pay for.**

**OFFICERS & BOARD MEMBERS
2018 - 2019**

President	Lion Sandy Halama
Past President	Lion John Gregory
1 st Vice	Lion Becky Speeler
2 nd Vice	Lion Missy Carr
3 rd Vice	Lion Pat Rabbitt
Secretary	Lion Teddi Speeler
Treasurer	Lion Vicky Swederska
Tail Twister	Lion Rob Halama
Lion Tamer	Lion Fred Yoder
LCIF Coordinator	Lion John Gregory
Service Chair	Lion Teddi Speeler
Mktg/Comm. Chair	Lion Fred Yoder
Membership Chair	Lion Becky Speeler

Directors:

Lion Mike Swederska
Lion Jerry Clubbs
Lion Theron Poe
Lion Ryan Whittington

Committee Chairs:

Membership Chair:

Lion Becky Speeler,
Cell: 314-724-3735
Email: speeler22@hotmail.com

Welfare Chair:

Lion Mike Swederska
PH: 314-289-3444
Email: shur-way@sbcglobal.net

Carnival Chair:

Lion Becky Speeler
Cell: 314-724-3735
Email: speeler22@hotmail.com

Scholarship Chair:

Lion Phil Hunt
Cell: 314-341-6340
Email: phil@bhhsadv.com

Small Event chair:

Lion Larry M. Schumaier
Cell: 314-952-5706
Email: lmstgr@sbcglobal.net

**Brazilian Ambassador confers Order
of Southern Cross on Helen Keller
Circa 19541**



Much of what Lions do is not conspicuous, grandiose, or "out there". But rest assured, there is much going on. Many individuals, including officers, are hard at work to make this club a success.

EYEGLASSES

You all know that we collect used eyeglasses from the community. And you probably know where they go from here, kinda.



Two of our members, Lions Missy Carr & John Gregory, travelled to Panama to help distribute eyeglasses to the needy.

Thanks to Lion Missy and John for the following:

"We decided to go on the Missouri Lions mission trip to Panama back in January. After months of getting ready (passports, vaccinations, travel arrangements, etc.) it was finally time to embark on our adventure. We departed for Panama on September 1st. Our group included ten Lions from Missouri, two from Hawaii, five doctors from California and five doctors and students from New York.



Our first day in Panama City included some sight-seeing and getting to know one another.

We went to the Panama Canal and the Biodiversity Museum.

The next two days we set up our clinic in a market place in Panama City. Clinics are set up in stations. Station one is registration. Next the person goes to have a picture of their eyes taken with a spot camera. They take that information with them to the next station, which is the exam with the doctor. Finally, once they have a prescription from the doctor, they make their way to the final station, where they work with one of us to find a pair of glasses. Sometimes we could find a pair that worked great, but sometimes we would have to give them one pair for reading and a different pair for distance. We helped around 800 people the first two days.

After we finished the second day of clinic, we packed up and headed for the Decameron Beach Resort. We had a fantastic dinner there and got to spend most of the next day relaxing by the ocean. Then it was back in the van to drive the final couple of hours to our next location of Chitre, Panama.

Our clinic in Chitre was held in a large outdoor pavilion that belonged to the local Lions Club. Each morning when we arrived, hundreds of people were already waiting for us. Luckily, at this location, there were Lions from 6 different clubs in the area that helped with everything from registration to making sure we were fed. We also had great interpreters here that made it so much easier to communicate. In the two days we were in Chitre we helped 1600 people.

These two days were exhausting but rewarding. There was a short ceremony for us after the second day and then we loaded up again and made the long drive back to Panama City.

These mission trips are amazing for so many reasons. Of course, we go because as Lions we want to help others. But anyone that goes will tell you, we get more out of it than the people we helped. If you ever get a chance to go I recommend that you do it.

PDG Lion Missy Carr "

WG Lions Welfare has helped 10 people with eye glasses, exams and other vision related issues since April of 2016. Since Lion Mike started as Welfare Chair in April 2011, WG Lions club has helped 180 people with vision issues.

Board Meetings

October 4th & November 1st, 2018
3540 Greenwood Blvd.
Maplewood, MO 63143

Business Meetings

October 11th & November 8th,
2018
Hawken House Hearth Room
1155 S. Rock Hill RD. Webster
Groves, MO 63119

General Meetings

October 25th & November 20th,
2018
Hawken House Hearth Room
1155 S. Rock Hill RD. Webster
Groves, MO 63119

Next BBQs of Season

October 12/13th, 2018
General Grant Center, 8400
Watson Road, Webster Groves,
MO 63119

WG Football Luncheon

November 20, 2018 at BBQ

WG Fire Department Openhouse

Hot dog Giveaway
October 6th, 2018
Fire House No. 1 Elm & Lockwood

WG Make A Difference Day

Hot dog Giveaway
October 27th, 2018
Webster Groves Aquatic Center,
corner of S. Elm & East Glendale

August & September BBQs, 2018

August BBQ - Friday, Sunny, 93°; Saturday, Sunny, 90°. September BBQ - Friday, Sunny, 83°; Saturday, 90°. Good crowds both weekends and we show good results (about 2x the budget). This being said, it is a bit misleading due to much supplies and meats being left over from the carnival. Hopefully the upcoming October results will be as good, but without the carnival "leftovers", we may just make budget.

Anyone that has worked our BBQs of late may have noticed the shortage of "bodies", and those Lions who are working are starting to get "long in the tooth", (that's old to you younger generation).

There is an ongoing discussion about - how are we going to continue these BBQs. There are a number of suggestions on the table (in no particular order), 1) Only have BBQ on Saturday, 2) have BBQ on Saturday/Sunday instead of Friday/Saturday, 3) shorten Friday hours to 5:00 to 7:00, 4) cut the menu, 5) eliminate both the March & August BBQs and 6) eliminate only the March BBQ.

WHAT HAPPENED IN 1925

AFTER several impromptu meetings, a small group of professional and businessmen of Webster Groves, Missouri, through diligent and concentrated efforts, succeeded in persuading enough of their fellow men to join with them to better serve their community, to plant the seed and give root to the formation of a service organization which was shortly thereafter to be known as the "Lions Club of Webster Groves." This group, twenty-five in all, called a meeting to order on March 5th, 1925, for the election of officers and pledged themselves for service, betterment and higher standards of living, to their city, as well as fellow neighbors. And on March 12th, 1925, they were presented with a charter at an impressive banquet held at the Kirkwood Country Club, thereby uniting themselves with similar clubs throughout the nation, under what is known as Lions International.

After much floundering about, due to the fact that none of the members had had any previous experience as a member of a civic club, we slowly and conservatively shaped the organization into a going, aggressive group. But to gain this goal, many obstacles, trials and tribulations presented themselves, yet each, in turn, was gradually conquered and we finally succeeded in methodically planning the tasks before us. To accomplish this end, required the selection of appropriate committee members best suited for the respective problems and ordeals which the club expected to encounter and service.

The club was fortunate in electing, for its first officers, a group of able men who cooperated in the work of coordinating the various necessary departments of the club. This meant carrying the club over each hardship as well as developing many worth-while activities and creating a firm foundation for the future. Many of our early hardships were greatly lightened through our success in locating an appropriate meeting place and much of our success can well be attributed to Mrs. George Addy, our hostess, whose excellent meals, pleasant hospitality and cordiality were constantly enjoyed, all of which were conducive to good fellowship throughout the entire membership.

With the committees ready to function and good-will established among the members, we immediately began casting about for possibilities and worth-while things to make the club useful and productive. It was unanimously agreed that the club's activities should be to help others rather than to be used for the personal benefit of its members. To bring a ray of sunshine into the lives of the unfortunate.

In view of this, our first acts of charity were to send fifty dollars to help in caring for those made destitute by a storm in southern Missouri and Illinois and shortly afterwards fifty dollars was donated to the Webster Groves Playgrounds Association to assist in the development of this splendid project. A school boy was taken under our wings, employment found for the lad and a committee appointed to advise, guide and lead him towards the betterments of life.

(To Be Continued)

QUIZ ANSWERS:

1. Naples
2. Armenia
3. Greece
4. Sweden
5. United Kingdom, United States, Australia, Pakistan, Ethiopia, Somalia, Eretria, & Costa Rica
6. China
7. Sweden, 1943
8. Thailand
9. Denmark
10. From the first letter of Ingvær Kamptrað (founder), Elmtaryd (childhood farm), and Agunnaryd (his hometown)

Just imagine if every Lion, **1.4 million**, asked one person to join their club...

...now imagine how much more Lions could do and how many more people they could serve!

All it takes is asking one person...get started today!!!



AND WHAT DO WE DO WITH CARNIVAL & BBQ EARNINGS (& OTHER DONATIONS)?

The Webster Groves Lions helps to support many charities and community causes. We are able to do this by the continued efforts by our members and volunteers in fund raisers. Among these community causes are:

[NURSES FOR NEWBORNS](#)

Nurses for Newborns (NFN) is a home visitation program that provides a safety net for families in order to prevent infant mortality, child abuse, and neglect. In response to referrals from medical centers, physician offices, clinics, social service agencies, and direct requests from families, Nurses for Newborns sends specially trained pediatric nurses to the homes of pregnant women or parents with infants who face medical, social, or environmental risks.

On the first home visits, NFN nurses conduct mother and child health and developmental assessments and screen for co-occurring risk factors including maternal depression, everyday stress and domestic violence. Guided by evidence based clinical guidelines, NFN nurses prepare a plan of action with the infant's caregiver(s), to ensure the baby's health, safety, and optimum development. In subsequent visits, NFN nurses monitor, the infant's health and developmental progress, and the family's progress with the plan they prepared. Nurses present a variety of educational topics and tools designed to address identified issues and support family strengths and improve parenting skills. Nurses advance appropriate infant/child development, and help parents access external resources as needed, including infant materials such as diapers, formula, and safety equipment to promote the health and safety of both the mother and child.

Services are provided as needed, and may be provided for up to two years after the infant's birth. For some families, nurse home visiting is augmented by the assistance of NFN's Community Health Workers who provide language interpretation and/or enhanced cultural competency, assistance with material and community resources, and peer support for the infant's caregivers. NFN's Licensed Clinical Social Workers also assist some families with environmental or mental health concerns that may impede the infant's progress.

Throughout the time of service, the impact of home visitation is monitored and evaluated in order to enhance its effectiveness and ensure program outcomes that include freedom from substantiated reports of child abuse or neglect, increased immunizations, as well as reduced injuries, hospitalizations, and use of the

emergency room. Continually adapting to the needs of new populations served, NFN has used its home visitation model successfully with over 110,000 infants and their families during the agency's 26-year history.

www.nursesfornewborns.org

[HOW DO WE GROW OUR CLUB](#)

It should be obvious that our club is in trouble. This problem has been coming on for a few years now, an article in the August 2016 issue of this newsletter spoke to this problem and little has been done to solve it.

Our Membership:

Jan 2014 - 88 members

July 2016 - 70 members

September 2018 - 64 members.

In addition, our club is aging, the average age of the members who actually participate is about 65 years old. Yet about 20% of our club is under 50 years old. Where are these folks?

There have been some suggestions: 1) have an "informational" meeting and invite the public, 2) knock on the doors of businesses, 3) get out in the public, make ourselves visible, 4) take every opportunity to take our message out to the public by having a conspicuous information desk and community events.

Each has pros & cons. Maybe it takes each, and just maybe the key idea is still out there somewhere. Hopefully our entire membership is giving some thought and not just leaving it to a few people to solve.

We are taking one small step this fall by participating in the Make A Difference Day by not just grilling "dogs" but actually going out and doing a project. We are going to undertake a small landscaping project for the parks department at the Recreation Center.

This is a small step and may not result in any new members, at least it is something.

DO SOMETHING NOW

If not you, who?

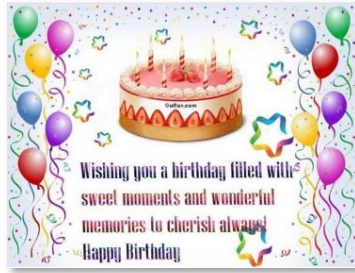
If not here, where?

If not now, when?

- Theodore Roosevelt

October Birthdays

Lion Jane Lenk - 1st
 Lion Luke Baumstark - 1st
 Lion Leo Christ - 5th
 Lion Craig Krabbe - 10th
 Lion Thomas Neiman - 19th
 Lion Greg Hanser - 29th



November Birthdays

Lion Fred Yoder - 6th
 Lion Don Gerber - 17th
 Lion John Gregory - 30th

October Anniversaries

Lion Rob Halama - 11 yrs
 Lion Sandy Halama - 11 yrs
 Lion Frank Tallis - 11 yrs
 Lion Larry Schmafer - 31 yrs
 Lion Phil Hart - 33 yrs
 Lion Kurt Weisenfels - 39 yrs
 Lion Dave Whitney - 40 yrsnze - 31 yrs

November Anniversaries

Lion Norma Belcher - 17 yrs

Perfect Attendance

In order to receive a perfect attendance pin, you must attend all 22 meetings. If you miss a meeting you can make it up by working a function, or attending another Lions meeting (Board Mtg., Zone Mtg., etc.) within a two-week time frame.

Matching Funds

If you have a specific organization you would like to donate to, the club will match your donation up to \$500. For the club to match your donation, you must submit to the president or secretary a description of your charity and what it represents, a check made out to that organization, and an addressed envelope.

If you are interested in being on a committee for the upcoming year, please see President Lion Sandy Halama.

Keep an eye out for the next Squeal!
 If you have any news or pictures, please submit to Lion Fred at contactus@webstergroveslions.com



LIONS DONALD GERBER & JACK LENK

FEATURED LION

Who Is It: Donald Gerber
 Married to: Gretchen Gerber
 Children: Extended family of 8 children
 Resides in: Frontenac
 Pets: None
 Church: Concordia Lutheran Church
 Born and Raised: Born in St Louis, raised in Philadelphia
 Childhood Dream Career: Dentist
 Something we don't know about you: Olympic Swimmer
 Talents: Swimming
 Free Time: Spending time in Florida & Lake of Ozarks
 Hobbies: Outdoor yard work
 Proud Accomplishment: Owned funeral home for 57 years
 Favorite Holiday:
 Favorite Food: Anything Italian
 Favorite Movie:
 Favorite TV Show: News programs
 Favorite Music: Symphony
 What Do You Like About Your Job? Not a job! Love of my life.
 Why Do You Like Being A Lion? Giving back to the community
 Why Did You Become a Lion? To Serve.

=====

FEATURED LION

Who Is It: Jack Lenk
 Married to: Lion June Lenk
 Children: 2 girls, 4 grandchildren, 1 great grandchild
 Resides in: South St Louis near "The Hill" and the brink of St Louis Hills
 Pets: None
 Born and Raised: Born St Charles, raised in Silex, lived in St Louis, California, & Oklahoma
 Childhood dream Career: Mathematics instructor - calculus too much challenge
 Something we don't know about you: At age 13, learned to play accordion.
 Talents: Brilliant mind for math, sing with perfect pitch, best blind bowler in US, won 5 medals at the 2007 International championship in Sydney, Australia, won many spelling bees.
 Free Time: Reading Bible, listening to radio, playing cards and Scrabble, sports fan.
 Hobbies: Playing "Beep Ball"
 Proud Accomplishments: I take much pride in being elected as District Governor and especially proud of being Missouri's 1st totally blind Governor.
 Favorite Holiday: Thanksgiving; I feel that we truly owe God a tremendous thanks for this country, all that it stands for and the many blessings that come from living here.
 Favorite Food: It's obvious, I love to eat. However, my favorite foods are fried chicken, pecan pie and ice cream.
 Favorite Movie: My favorite movie is Gone with The Wind
 Favorite TV Show: Hogan's Heros
 Favorite Music: Rock & Roll of the 60's, country music written before year 2000
 What Do You Like About Your Job: My job as President of the Service Club for the blind gives me the opportunity to serve persons in my community both economically and socially.
 Why Do You Like Being A Lion: I enjoy the service as well as the camaraderie. I've had the opportunity to meet many persons throughout the District, the United States and the world.
 Why Did You Become a Lion? The Lions clubs of our District and state gave to me many gifts and opportunities.

I am all out of pictures. Surely with all the cellphone cameras in the club, someone has photos they can share.

Please email to
contactus@webstergroveslions.com

It will be greatly appreciated.

WHY IS THE SKY BLUE?

One of the most commonly seen sights is the blue sky, yet what's not widely known is what makes it blue.

The sun emits light that travels through space toward Earth. Because space is a vacuum (ie , it has no atmosphere), the light remains largely undisturbed until it nears the Earth, whose atmosphere is made up of a mixture of gas molecules (mainly oxygen and nitrogen) and other materials. The closer you get to the Earth, the thicker the atmosphere.

Light from the sun appears white but is in fact a combination of colors, and the range of these colors that are visible to the human eye—from red to violet, by way of orange, yellow, green, blue and indigo—is shown when light is passed through a prism. These different colors have different wavelengths and energies, with violet having the shortest wavelength and highest energy and red having the longest wavelength and lowest energy.

As light hits the Earth's atmosphere, the different colors react in different ways. Some of them get absorbed by the gas molecules while others do not. Most of the longer-wavelength colors (such as red and orange) pass straight through the atmosphere and are unaffected, while many of the shorter-wavelength colors (such as violet and blue) get absorbed by the gas molecules, because the wavelengths (i.e. , the distance between the peaks of each wave) of these colors are similar in size to the diameter of an atom of oxygen. The gas molecules then radiate these colors and scatter them across the sky, causing the sky to appear blue.

The reason why we perceive the sky as blue and not violet is because our eyes are more sensitive to blue.

HOW ABOUT A QUIZ?
(Answers Page 3)

1. *In which Italian city was the modern pizza invented?*
2. *What is the first country to make chess a mandatory part of primary school curriculum?*
3. *Where does the famous dish Saganaki come from?*
4. *In which country did they have to ban voting for Donald Duck?*
5. *How many countries do not have an official language??*
6. *What country banned Brad Pitt for nearly 20 years?*
7. *In which country was Ikea founded?*
8. *What country hosts the Monkey Buffet Festival?*
9. *In which country do people have to choose their child's name from a government approved list of 7,000??*
10. *What does the "IKEA" acronym mean?*

Juniper Brined Turkey With Paprika Butter
(Food Network Kitchen)

Ingredients

1 Fresh or frozen turkey
Kosher salt
1 ½ Cup Brown sugar
2 Tbsp. Juniper Berries
1 Tbsp. Peppercorn
3 Bay Leaves
Zest of 1 lemon, wide strip
2 Tbsp. Coriander Seeds
2 Tsp. Cumin Seeds
6 Cloves Garlic
1 Tbsp. Paprika
2 sticks unsalted butter, softened

**Recipe Preparation**

Unwrap the turkey and remove the neck and giblets (reserve for gravy). Rinse the turkey under cold water and pat dry. Fill a large pot with 2 quarts water; add 2 cups kosher salt, the brown sugar, juniper berries, peppercorns, bay leaves and lemon zest. Bring to a boil, then simmer 10 minutes. Add 6 quarts cold water and let cool. Submerge the turkey in the brine, adding water to cover, if necessary. Refrigerate at least 8 hours or overnight.

Remove the turkey from the brine; rinse and pat dry. Crush and chop the coriander seeds, cumin seeds and garlic. Mix with the paprika and butter until combined. Reserve 4 tablespoons of the butter, then rub the rest under the turkey skin on the breasts and legs. Rub 2 tablespoons of the reserved butter on the skin; chill and save the rest for your gravy. Let the turkey stand 30 minutes at room temperature before roasting.

Put the oven rack in the lowest position; preheat the oven to 350 degrees F. Put the turkey breast-side up on a rack in a large roasting pan, tucking the wing tips under. Tie the drumsticks together with twine. Roast until the skin is golden brown and a thermometer inserted into the thigh registers 165 degrees F, about 15 minutes per pound. Transfer to a cutting board and let rest 30 minutes before carving. Whisk the reserved 2 tablespoons flavored butter into your gravy just before serving, if desired.

Publication Dates:

Feb/Mar - Jan 18th
Apr/May - March 24th
Jun/Jul - May 26th
Aug/Sep - July 28th
Oct/Nov - September 22nd
Dec/Jan - November 25th

Please send any items you would like to see in this newsletter to Fred Yoder at: fredy1@swbell.net
No later than 1 week prior to publication date.



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