

Webster Groves Lions Newsletter

Squeal

June/July 2018
Volume 4, Issue 3
www.webstergroveslions.org

Celebrating our 93rd Anniversary
2018

President Lion Sandy Halama
Members: 70

President's Message



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Our Motto
"We Serve"

**Webster
Groves
Lions
Est. 1925**

Where is Spring???

Somewhere between the last snowfall and temps in the teens, and the 94-degree temperature that we just had for the May Barbeque, we missed Spring. So, it appears that Winter definitely went out like a Lion and Summer is here to stay.

It's also the time that our club gets pretty busy too, barbeques, Carnival, and meetings. The summer heat is great if you are at the pool or lake, but not so great when we are serving barbeque or running a Carnival. We all need to stay safe in the heat, drink lots of water, wear a hat and sunscreen or cover ups.

But we can still have fun and enjoy the fellowship at each of our events! Don't let tempers flare in the heat, stay cool at the BBQ with a snow cone from Glaciers Snow Cones, and Sno Shack has already signed up to be back at the Carnival. Let's get excited for "special" snow cones! The key is supporting each other at the tough events. Watch out for your fellow Lion; if someone looks overheated, help em out with a break or necessary cool drink. And if

everyone took just a short shift at barbeques, no one would be overcome by exhaustion and heat.

Most important, take time this summer for fun and relaxation with family and friends. Whether a cruise to Alaska, trip to the beach or just a backyard picnic, everyone needs that time to enjoy life.

Because as Lions, we serve for the greater good but it starts with serving ourselves to a happy and fulfilled life with family and friends.

Have a wonderful Summer!

Yours in Lionism,
President Lion Sandy



RSVP FOR DINNER - TAKES ONLY A CLICK
Meals for our meetings are purchased & prepared by Lions Teddi & Becky which requires a lot of effort on their part.

In addition to the effort required, we have been spending more on meeting meals than necessary. This is the result of not knowing who will show up.

Our calendar service sends members notices of meetings with the opportunity to RSVP directly from your email with the click of a mouse.

Please utilize this service that we pay for.

For Eye, Eye Surgery, Hearing, & Glasses Assistance
HOTLINE PHONE: 314-645-3500
EMAIL: hotline@lions26m2.org
WEBSITE: www.lions26m2.org

OFFICERS & BOARD MEMBERS 2018 - 2019

President	Lion Sandy Halama
Past President	Lion John Gregory
1 st Vice	Lion Becky Speeler
2 nd Vice	Lion Missy Carr
3 rd Vice	Lion Pat Rabbitt
Secretary	Lion Teddi Speeler
Treasurer	Lion Vicky Swederska
Tail Twister	Lion Rob Halama
Lion Tamer	Lion Fred Yoder
LCIF Coordinator	Lion John Gregory
Service Chair	Lion Teddi Speeler
Mktg/Comm. Chair	Lion Fred Yoder
Membership Chair	Lion Becky Speeler

Directors:

Lion Mike Swederska
Lion Jerry Clubbs
Lion Theron Poe
Lion Ryan Whittington

Committee Chairs:

Membership Chair:

Lion Becky Speeler,
Cell: 314-724-3735
Email: speeler22@hotmail.com

Welfare Chair:

Lion Mike Swederska
PH: 314-289-3444
Email: shur-way@sbcglobal.net

Carnival Chair:

Lion Becky Speeler
Cell: 314-724-3735
Email: speeler22@hotmail.com

Scholarship Chair:

Lion Phil Hunt
Cell: 314-341-6340
Email: phil@bhhsadv.com

Small Event chair:

Lion Larry M. Schumaier
Cell: 314-952-5706
Email: lmstgr@sbcglobal.net

Helen Keller (center) and Anne Sullivan
Picking records for a talking book machine.
Circa 1955



Much of what Lions do is not conspicuous, grandiose, or "out there". But rest assured, there is much going on. Many individuals, including officers, are hard at work to make this club a success.

RECYCLE FOR SIGHT

Have you ever seen the boxes with the Lions Club insignia that say "Donate Used Eyeglasses Here" and wondered what happens to the glasses that are dropped in the box? Eyeglass recycling is one of the most well-known sight services that Lions clubs organize worldwide in the fight against blindness. But what happens to the eyeglasses once they are collected?

International Lions Club sponsors a program called Recycle for Sight. For more than 80 years, Lions Club members have collected, determined the prescription strength, cleaned and packaged eyeglasses, before distributing them to people around the world. Glasses are expensive and many people go without because they can't afford them. Each year, Lions around the world collect about 30 million pairs of glasses which are sorted and given away.

After you drop a pair of glasses in a local box, it will be picked up by a member of a Lions Club. Collected glasses (and hearing aids) are stored until an "Eye Wrap" is organized when the glasses are sorted, with broken and unusable ones sent to waste recycling. The acceptable glasses are boxed and shipped a central warehouse to await further processing.

Eventually, the glasses are shipped to a processing center where volunteers sort, clean, and identify prescription strength, package and store until needed by Lions eyeglass dispensing missions worldwide, which often take place in developing nations for people who do not have access to the proper eye care. Eye care professionals work with trained Lion volunteers at the mission sites to perform vision screenings, and provide the appropriate recycled eyeglasses, free of charge, to children and adults in need.

I had the opportunity this past weekend to participate in my first "eye wrap", where we sorted and boxed approximately 28,000 pair of glasses, 85 boxes. It was a great experience to know that somewhere some child or person in need may be able to see for the first time.

Donate your used glasses (and hearing aids) this month and feel good knowing that your old glasses might help someone to see well for the first time in years. There are several in the Webster Groves/Shrewsbury/Affton area, a large one at the Webster Schnucks store. For a list of collection sites, please go to https://webstergroveslions.org/wb_recycleforsight.html.

Lion Fred

WEBSTER GROVES LIONS REPORT BAUSCH AND LOMB CATERING EVENT

The Webster Groves Lions embarked on another adventure on Tuesday May 8th by catering a luncheon for Bausch and Lomb at their facility on Tree Court Industrial Blvd. We showed up in full force at 8 am to start the setup of tents and BBQ equipment. Lions Little Larry and Big Larry got everything placed in just the right spot so we could work efficiently. At 9 am, the BBQ'ers started the grills and filled the air with the sweet smell of volunteerism. Lions Mike, Bill, Scott, Ryan, and Dennis cooked up a total of 90 lbs. (270) hamburger's, and 90 lbs. (240) 6 oz. chicken breasts in just 3 hours. Lion Greg cooked 165 lbs. of pork butts, which yielded 75 lbs. of pulled pork.

Lions Norma, Sandy, Teddi, Mary and Vicky set up 25 lbs. of tomatoes, 12 heads of lettuce, 15 lbs. of cheese, 40 lbs. of Cole slaw and 40 lbs. of potato salad, and while Lion Rob orchestrated the preparation of all of this food, Lions Fred and Pat cooked up 8 gal. of baked beans

Just after Lions Larry Suiter and Past President John got there we started to serve the food we had just prepared to feed 310 employees and supervisors. There were an additional 85 employees on the second shift that enjoyed our food when they got to work that evening. We served all 310 people in just 29 minutes; cleaned up and moved off the parking lot just after 1:30 pm. In just 5 ½ hours. In total this Lions project only took 93 volunteer hours to complete.

Although there was no singing and dancing as in past years, all of the volunteers enjoyed hearing from the employees and supervisors how good the food was and how they enjoyed seeing us there to feed them.

I was happy to head this event again and I would like to thank all of the Lions who gave their time to bring this project to a great conclusion.

Yours in Lionism,
Lion Greg



WG Lions Welfare has helped 10 people with eye glasses, exams and other vision related issues since April of 2016. Since Lion Mike started as Welfare Chair in April 2011, WG Lions club has helped 180 people with vision issues.

Board Meetings

June 7th & July 5th, 2018
3540 Greenwood Blvd.
Maplewood, MO 63143

Business Meetings

June 14th & July 12th, 2018
Hawken House Hearth Room
1155 S. Rock Hill RD. Webster
Groves, MO 63119

General Meetings

June 28th & July 26th, 2018
Hawken House Hearth Room
1155 S. Rock Hill RD. Webster
Groves, MO 63119

Next BBQs of Season

June 8th & 9th, 2018
General Grant Center, 8400
Watson Road, Webster Groves,
MO 63119

93rd Annual Carnival & BBQ

The 93rd Annual Webster Groves
Lions Carnival & BBQ, will be
held in conjunction with the
Webster Groves Community Days
celebration, July 1st -4th.
Schedule: Sunday July 1st - 1pm -
11:00pm; Monday July 2nd - 5pm -
11pm; Tuesday July 3rd - 5pm -
11pm; Wednesday July 4th -
11am - 11pm

LIONS Carnival Contact List

Carnival Chair

Becky Speeler 314-724-3735
or Speeler22@hotmail.com

Beer Tent Chair

Teddi Speeler 314-724-3724
or Speeler36@hotmail.com

Midway Chair

Sandy Halama 314-795-7456
or halamas@sbcglobal.net

Tickets Chair

Rob Halama 314-795-1556
or rjhalama@sbcglobal.net

Soda Chair

Jim Greenlaw 314-567-6884
or jimgreenlaw@charter.net

Food Tent Chair

Lyn Karrer 314-397-1074 or
philandlyn@att.net

BBQ Chair

Scott Young 314-341-4251
or dotandscott@charter.net

Set up/ Tear Down

Greg Hanser 314-420-7481
or ghanz@sbcglobal.net

Security provided by the
Webster Groves Police
Department, if you have

Wine Fest

The 2018 Wine Tasting event really tipped the glass to a wonderful afternoon, with a dressed-up Hawken House complete with white tablecloths and centerpieces. The day was beautiful, so the garden doors were open, and cocktail tables were available for those who wanted to soak up the sunshine while they tasted wine, noshed on snacks, and visited with friends.

PRP, for the second time, was our host wine distributor and did a great job offering a variety of wine appealing to everyone. We had lots of fun with the silent auction, always enjoying that last minute rush to outbid an opponent on Cardinal tickets or a St Louis Blues sign. Let the fastest writer win the game!

Congrats to Lion Tony Baumstark who won the 3-bottle wine raffle, and Lion Vicky Gossage who walked away with the 50/50 jackpot. PRP, proved to be a great partner with the Lions by graciously donating the raffle wines and the cost of tasting on top of a rebate of just over \$500, based on wine sales!

Like all of our events, this is a team effort. Thanks to everyone who donated a basket or food item, helped with set up/tear down, or just came with friends to give their support.

Cheers!

Lion Sandy Halama

Baseball Opening Day Hotdog Extravaganza

This past Saturday, August 26th, the weather was fantastic for baseball's opening day. And what better way to celebrate than to give away 500 hotdogs?

Lions Norma Belcher, Mary Ulrich, Fred Yoder, Dennis Williams, Greg Hanser, and Rob Halama gathered together to face the hungry herds (yes, there were more than one!) and attempt to quell their hunger and quench their thirst with those perfectly prepared puppies, the cavernous containers of chips, the chocolate chip chunky cookies, and a bounty of bubbling (and non-bubbling) beverages.

They came fast and they came hard, and it took the five of us slaving to keep up with the frenzied pace Lion Mary had set up at the front line. But we did. The grill was churning doggies out as fast as Lions Fred and Dennis could pull them off, and Lions Greg, Norma, and Rob could pluck, load, and wrap.

In the end, they took almost everything. All of the 504 hotdogs, and one box out of 8 cookies remained. None of the 8 cases of chips, and out of over 500 bottles or cans of soda and water, about 50 remained.

Even the locusts were amazed.

The crowd seemed pleased. Many, many thanks came our way and, I'm not sure what magic Lion Mary was weaving up front, but our tip jar was filled! With that and the money the WG Baseball/Softball folks give us for this event, we pretty much broke even.

Thanks again to all who not only set-up but served as well.

And cooked. And loaded. And wrapped.

And they all stayed to clean up!

Thank you.

Lion Rob



Just imagine if every Lion, 1.4 million, asked one person to join their club...

...now imagine how much more Lions could do and how many more people they could serve!

All it takes is asking one person...get started today!!!



AND WHAT DO WE DO WITH CARNIVAL & BBQ EARNINGS (& OTHER DONATIONS)?

The Webster Groves Lions helps to support many charities and community causes. We are able to do this by the continued efforts by our members and volunteers in fund raisers. Among these charities and causes are:

[World Service to the Blind, Inc.](#)

Blindness is no respecter of persons. It strikes without regard to race, religion, sex or nationality. In the United States, more than 25 million people ages 18 and older are blind or have severe visual impairments that cause them to make adjustments in their careers and everyday living situations. The mission of World Services for the Blind (WSB) is to empower blind or visually impaired adults in the United States and around the world to achieve sustainable independence.

WSB was founded by Roy Kumpe in 1947 to serve blind or visually impaired people who needed to learn independent living skills or job training skills tailored to the special requirements of their individual visual impairments. The goal of WSB then, and today, is to empower blind or visually impaired adults to achieve sustainable independence through life skills, career training and community access. Since its birth, WSB has served more than 12,000 people from all 50 states and 58 countries.

Through the years, WSB has gradually expanded its services to become the most comprehensive adult rehabilitation center in the world, offering:

- A complete personal adjustment program
- Nine vocational courses
- A vision rehabilitation clinic
- An assistive technology learning center
- Job placement assistance
- A college preparatory program

WSB is accredited by the National Accreditation Council for Blind and Low Vision Services. WSB is financed through gifts from both groups and individuals, by the tuition paid by state rehabilitation agencies that purchase training services from WSB for their clients, and through grants.

The campus is located on a full city block between 28th and 29th streets on Fair Park Boulevard, in a residential area near the University of Arkansas at Little Rock. The complex is comprised of six two-story buildings surrounding a tree shaded courtyard. The training capacity at WSB is approximately 100 clients.

On-campus housing is available for 91 people in our women's and men's dormitories and in two independent-living apartments. The length of training varies with the progress of the individual and with their chosen programs, but the average period of training is six months.

Whether you are a person who is blind or visually impaired, a professional worker in the blindness field, a Lions Club member or someone interested in blindness, we cordially invite you to visit our center and meet our professional and capable staff. We think you will find that WSB is committed to serving people who are blind or visually impaired from all around the world, and that you will agree with Helen Keller that,

"Alone, we can do so little. Together, we can do so much."

June Birthdays

Lion Ryan Whittington - 1st
 Lion Mark Harris - 3rd
 Lion Bill Otto - 7th
 Lion Theron Poe - 13th
 Lion Diane Harris - 20th
 Lion Mike Swederska - 25th
 Lion Sharon Christ - 28th



July Birthdays

Lion Pat Rabbit - 1st
 Lion Pam Rosen - 4th
 Lion Lee Keefer - 9th
 Lion Georgia McGuire - 17th
 Lion Teddi Speeler - 18th
 Lion Joe Pinegar - 25th
 Lion Jack Lenk - 28th

June Anniversaries

Lion Jerry Davis - 1 yr
 Lion Tom Lenartson - 1 yr
 Lion Dennis Williams - 1 yr
 Lion John Rabbit - 10 yrs
 Lion Becky Speller - 11 yrs
 Lion Teddi Speeler - 13 yrs
 Lion Jerry Clubbs - 20 yrs
 Lion Scott Young - 29 yrs
 Lion Ruth Loerch - 30 yrs
 Lion Bill Belcher - 33 yrs
 Lion Don Gerber - 59 yrs

July Anniversaries

Lion Joe Pinegar - 2 yrs
 Lion Tony Baumstark - 4 yrs
 Lion Luke Baumstark - 4 yrs
 Lion Mike Swederska - 15 yrs
 Lion Sharon Christ - 21 yrs
 Lion Missy Carr - 18 yrs

Perfect Attendance

In order to receive a perfect attendance pin, you must attend all 22 meetings. If you miss a meeting you can make it up by working a function, or attending another Lions meeting (Board Mtg., Zone Mtg., etc.) within a two-week time frame.

Matching Funds

If you have a specific organization you would like to donate to, the club will match your donation up to \$500. For the club to match your donation, you must submit to the president or secretary a description of your charity and what it represents, a check made out to that organization, and an addressed envelope.

If you are interested in being on a committee for the upcoming year, please see President Lion Sandy Halama.

Keep an eye out for the next Squeal! If you have any news or pictures, please submit to Lion Fred at contactus@webstergroveslions.com



LIONS MARY ULRICH & MISSY CARR

FEATURED LION

Who Is It: Mary Ulrich
 Married to: Jimmy
 Children: N/A
 Resides in: BEVO
 Pets: Maggie the Dog
 Church:
 Born and Raised: Cedar Hill, MO
 Childhood Dream Career:
 Something we don't know about you: I LOVE breakfast!!!
 Talents:
 Free Time: Lions Club
 Hobbies: Lions Club
 Proud Accomplishment: Joining Webster Groves Lions
 Favorite Holiday: Christmas
 Favorite Food: BBQ!!!
 Favorite Movie: Mary Poppins
 Favorite TV Show: MASH
 Favorite Music: NPR
 What Do You Like About Your Job? N/A; Laid off in May
 Why Do You Like Being A Lion? Fellowship
 Why Did You Become a Lion? To make a difference.

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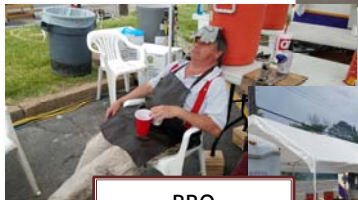
FEATURED LION

Who Is It: Melissa (Missy) Carr
 Married to:
 Children: Alex, 21, graduated from UCM in December
 Resides in: St Louis City, MO
 Pets:
 Church:
 Born and Raised: Washington, MO; went to St. Francis Borgia High School
 Childhood dream Career: To work for Dallas Cowboys
 Talents:
 Free Time: Ha! Ha!, what's that?
 Hobbies: Reading, playing golf
 Proud Accomplishments: Being District Governor 2014-2015
 Favorite Holiday: Thanksgiving
 Favorite Food: Pizza
 Favorite Movie: Gone With the Wind
 Favorite TV Show:
 Favorite Music:
 What Do You Like About Your Job: Being a "closer", I get to be part of the excitement of someone buying their first home.
 Why Do You Like Being A Lion: Because it has given me the chance to meet so many people who have a passion to serve.
 Why Did You Become a Lion? I joined in 2000 because I was looking for a way to give back to my community..

Bausch & Lomb Picnic



WG Baseball Season Opening Day Hot Dogs



BBQ



Easter Egg Hunt



Donation to WGHS for Security Systems



Wine Fest



WGSD Computer School students showing off their replica badges



Lion Phyllis Krebs Representing Leader Dogs.



Such a tough life!



How About Another Poem This time?

IF

By Rudyard Kipling

If you can keep your head when all about you
Are losing theirs and blaming it on you;
If you can trust yourself when all men doubt you,
But make allowance for their doubting too;
If you can wait and not be tired by waiting,
Or, being lied about, don't deal in lies,
Or being hated don't give way to hating,
And yet don't look too good, nor talk too wise;

If you can dream - and not make dreams your master;
If you can think - and not make thoughts your aim,
If you can meet with Triumph and Disaster
And treat those two impostors just the same:
If you can bear to hear the truth you've spoken
Twisted by knaves to make a trap for fools,
Or watch the things you gave your life to, broken,
And stoop and build'em up with worn-out tools;

If you can make one heap of all your winnings
And risk it on one turn of pitch-and-toss,
And lose, and start again at your beginnings,
And never breathe a word about your loss:
If you can force your heart and nerve and sinew
To serve your turn long after they are gone,
And so hold on when there is nothing in you
Except the Will which says to them: "Hold on!"

If you can talk with crowds and keep your virtue,
Or walk with Kings - nor lose the common touch,
If neither foes nor loving friends can hurt you,
If all men count with you, but none too much:
If you can fill the unforgiving minute
With sixty seconds' worth of distance run,
Yours is the Earth and everything that's in it,
And - which is more - you'll be a Man, my son!

**IS ONE DOG YEAR EQUAL
TO SEVEN HUMAN YEARS?**

The age-old adage that one dog year equals seven human years derives from the simple mathematical division of the average human lifespan by the average canine lifespan.

It's true that dogs do age much faster than humans because of their higher metabolic rate; generally speaking, the larger the mammal, the slower the metabolism and the longer the life. However, it's now generally accepted that the seven-to-one rule of thumb for a dog's "realistic" age is inaccurate; for instance, it's not uncommon for dogs to live to the age of fifteen, but very few humans live to 105.

It's believed that the seven-year rule should not be applied proportionally, and that, while it might be appropriate for the middle section of a dog's life, the beginning or final developmental phases cannot be correlated to those of a human. A dog tends to be fully sized and sexually mature at the age of one, but the same cannot be said of a human of seven. A more accurate method of calculating a dog's "realistic" age is to allocate twenty-one years for the first year (i.e., when dog and human both reach adulthood) and then four years for every additional year.

The size and breed of a dog are also factors that impact on how fast it ages. Larger dogs age the fastest, so even the above rule cannot be applied to all breeds of dogs. In fact, the older the dog, the more accurate the seven-to-one ratio becomes. Roughly, a large ten-year-old dog is considered to be seventy-eight, whereas a small ten-year-old dog would be fifty-six.

(From "What Did We Use Before Toilet Paper?")

LION'S Mane Mushrooms(Robin Bashinsky, November 2014, RECIPE BY [Cooking Light](#))

Lion's mane mushrooms are an amazing discovery--incredibly meaty, with a faint, almost livery nuance--so this dish plays off the classic liver-and-onions combo with sweet and tangy shallots. Serve as a light entrée with a fall salad and crusty bread, or as a hearty side dish with robust meats such as lamb or beef.

Ingredients

- 2 tablespoons extra-virgin olive oil, divided
- 4 cups vertically sliced shallots (about 6 large)
- 1 tablespoon fresh thyme leaves
- 1/2 teaspoon kosher salt, divided
- 1/3 cup dry sherry
- 1 tablespoon sherry vinegar
- 1/4 teaspoon freshly ground black pepper
- 12 silver dollar-sized lion's mane mushrooms (about 12 ounces)
- 1 tablespoon butter, cut into 12 pieces
- 1 tablespoon sliced fresh chives

**How to Make It**

Step 1: Preheat oven to 425°.

Step 2: Heat a medium saucepan over medium-high heat. Add 1 tablespoon oil to pan; swirl to coat. Add shallots, thyme, and 1/4 teaspoon salt; sauté 4 minutes, stirring frequently. Add sherry; cover, reduce heat, and simmer 10 minutes or until very tender. Stir in vinegar and black pepper. Remove from heat; keep warm.

Step 3: Heat a large ovenproof skillet over medium-high heat. Add remaining 1 tablespoon oil; swirl to coat. Add mushrooms, fuzzy side down; cook 4 minutes or until browned. Turn mushrooms over; top each with 1 butter piece. Place pan in oven; bake mushrooms at 425° for 5 minutes or until tender. Remove from oven; sprinkle with remaining 1/4 teaspoon salt. Spoon about 1/2 cup shallot mixture onto each of 4 plates; top each serving with 3 mushrooms. Drizzle any pan juices over servings. Sprinkle evenly with chives.

Hands-on Time 15 Mins; Total Time 20 Mins; Yield Serves 4

Nutritional Information

Calories 194; Fat 9.9g; Satfat 2.8g; Monofat 5.7g; Polyfat 1g; Protein 7g; Carbohydrate 22g; Fiber 1g; Cholesterol 8mg; Iron 2mg; Sodium 270mg; Calcium 7mg

Publication Dates:

Feb/Mar - Jan 18th
Apr/May - March 24th
Jun/Jul - May 26th
Aug/Sep - July 28th
Oct/Nov - September 22nd
Dec/Jan - November 25th

Please send any items you would like to see in this newsletter to Fred Yoder at: fredy1@swbell.net
No later than 1 week prior to publication date.



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