

# Webster Groves Lions Newsletter

## Squeal

Feb/Mar 2018  
Volume 4, Issue 1  
[www.webstergroveslions.org](http://www.webstergroveslions.org)

Celebrating our 93<sup>rd</sup> Anniversary  
2018

President Lion John Gregory  
Members: 71



## President's Message

### "MAKING CHANGE"

As I look around, the leaves are brown and the sky is a hazy shade of winter. It's been so cold for so long, we can't change the weather, but it will change, and before too long, we'll be complaining about the heat.

Change is for the better or for the worse, depends on one's perspective. Right???

Change as we all know is the only constant in life. We make change happen or it will come and get us.

Come gather round LIONS, wherever you roam, and admit that the waters around us have grown, and accept it that soon we'll be drenched to the bone. If your time to you is worth savin', then we better start swimmin', or we'll sink like a stone, for the times they are a-changin'.

Lets be ready to try new things, i.e. I've always wanted to see what it's like to be a "Shameless Self-Promoting Plagiarist"!! LOL.

Please check your events calendar on the website, we have many upcoming events.

Lion President John Gregory  
314-303-5795



Don't forget that a new line-up of Officers will be inducted for the FY2018-2019. There will be a difference in officer line-up due to LCI requirements.

President  
1<sup>st</sup> Vice President  
2<sup>nd</sup> Vice President  
3<sup>rd</sup> Vice President  
Secretary  
Treasurer  
Lion Tamer  
Tail Twister  
Director No. 1  
Director No. 2  
Club Service Chairperson  
Club Membership Chairperson  
Club Marketing & Communications Chairperson  
LCIF Coordinator

Please support your new officers, whomever they may be.

Lion Fred..

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Our Motto  
"We Serve"

Webster  
Groves  
Lions  
Est. 1925

For Eye, Eye Surgery, Hearing, & Glasses Assistance  
HOTLINE PHONE: 314-645-3500  
EMAIL: [hotline@lions26m2.org](mailto:hotline@lions26m2.org)  
WEBSITE: [www.lions26m2.org](http://www.lions26m2.org)

### RSVP FOR DINNER

We have been spending more on meeting meals than we are bringing in. This is the result of not knowing who will show up.

Your meeting notification email has included a statement that you must RSVP for your meal to ensure sufficient food without wastage.

Please RSVP to Lion Teddi at  
[speeler36@hotmail.com](mailto:speeler36@hotmail.com)

**OFFICERS 2017 - 2018**

President Lion John Gregory  
 Past President Lion Rob Halama  
 1<sup>st</sup> Vice Lion Sandy Halama  
 2<sup>nd</sup> Vice Lion Becky Speeler  
 3<sup>rd</sup> Vice Lion June Lenk  
 Secretary Lion Teddi Speeler  
 Treasurer Lion Norma Belcher  
 Tail Twister Lion Sharon Christ  
 Lion Tamer Lion Fred Yoder  
**Board Members:**  
 Lion Tony Baumstark  
 Lion Patrick Rabbitt  
 Lion Larry M. Schumaier  
 Lion Ryan Whittington

**Committee Chairs:**

Membership Chair:

Lion Teddi Speeler,  
 Cell: 314-724-3721  
 Email: [speeler36@hotmail.com](mailto:speeler36@hotmail.com)

Welfare Chair:

Lion Mike Swederska  
 PH: 314-289-3444  
 Email: [shur-way@sbcglobal.net](mailto:shur-way@sbcglobal.net)

Carnival Chair:

Lion Becky Speeler  
 Cell: 314-724-3735  
 Email: [speeler22@hotmail.com](mailto:speeler22@hotmail.com)

Scholarship Chair:

Lion Phil Hunt  
 Cell: 314-341-6340  
 Email: [phil@bhhsadv.com](mailto:phil@bhhsadv.com)

Small Event chair:

Lion Larry M. Schumaier  
 Cell: 314-952-5706  
 Email: [lmstgr@sbcglobal.net](mailto:lmstgr@sbcglobal.net)

**Helen Keller  
 In Stockholm  
 Circa 1955**



Much of what Lions do is not conspicuous, grandiose, or "out there". But rest assured, there is much going on. Many individuals, including officers, are hard at work to make this club a success.

American Council of the Blind  
**VOLUNTEERS NEEDED, JUNE 28 - JULY 7, 2018**  
**REWARDING SERVICE OPPORTUNITIES:**

Approximately 1,000 blind and visually impaired people from across the United States and several foreign countries are coming to The Union station Hotel in St. Louis, MO for the 2018 conference and convention of the American Council of the Blind. Over 350 meetings, workshops, seminars, tours and social events will pack convention week. A fantastic exhibit area will include all kinds of technology, products and services for people who are blind and visually impaired.

Attendees will begin arriving on Thursday, June 28, and the last weary visitors will depart on Saturday, July 7.

HOW YOU CAN HELP:

Here are some of the things you and your group can do to help:

- Welcome people to St. Louis at the airport
- Act as ushers in general sessions
- Volunteer at the ACB Fundraising Walk (Saturday morning, June 30th)
- Volunteer at the ACB Auction (Tuesday evening, July 3rd)
- Help people locate booths in the exhibit hall
- Act as guides on tours and between meeting rooms
- 

WHO CAN HELP?

- Boy and Girl Scouts, ROTC's, BETA Clubs
- Sunday school classes and youth groups
- Employee and neighborhood organizations
- Firefighters, police, metro employees
- Civic groups such as Lions, Rotary, Elks, and Masons
- Fraternities, sororities and students
- Individuals, relatives and friends
- 

THE SCHEDULE:

Airport: June 28th through June 30th and July 5th through July 7th.  
 The Union Station Hotel, 1820 Market Street, St. Louis: Every day June 28th through July 7th, (peak volunteer days at the hotel are June 29th through July 5th, some volunteers needed 6/28, 7/6 and 7/7)

THE RULES:

Volunteers should be able to work a three to four hour shift.

Volunteers must be clean, hair must be neat, and dress must be appropriate. No halters or low-cut tops, cut-offs, short shorts. Underwear must not be showing and clothing with holes or excessively



baggy pants are not permitted. Shoes and shirts are required.

ACB cannot accept responsibility for supervising volunteers under 18 years of age. Under-age volunteers should be accompanied by a parent or adult group leader who can give permission for the youth's participation. Volunteers must be at least 13 years old. No babies or young children, please.

SPECIAL RECOGNITION:

All volunteers will receive a 2018 ACB convention certificate of appreciation. Students and others needing service hours may have forms completed and signed at the Volunteer Desk.

HOW TO SIGN UP:

For more information or to register as a 2018 ACB convention volunteer:

- Complete the online volunteer registration at [www.acb.org](http://www.acb.org)
- Contact Sally Benjamin at [Volunteer@acb.org](mailto:Volunteer@acb.org),
- Or call her at 866-846-7380.

Thank you for being an ACB volunteer.

**CARMINE'S CHOCOLATE BREAD PUDDING**

*(Cont. from Page 8)*

Bake pudding about 1 1/2 hours or until a skewer poked through the foil comes out clean. (If it's not clean, return pudding to the oven and recheck every 15 minutes).

Remove foil and allow to cool for 1 hour before serving.

TO SERVE:

Invert a serving platter over the pudding and, holding the platter in place over the loaf pan, turn it upside down to release the pudding onto the platter. Immediately turn the pudding upright. Serve slices with whipped cream or ice cream, if desired.

Makes 6-10 servings

Adapted from source: [Carmine's Family-Style Cookbook](#) by Michael Ronis

*WG Lions Welfare has helped 10 people with eye glasses, exams and other vision related issues since April of 2016. Since Lion Mike started as Welfare Chair in April 2011, WG Lions club has helped 180 people with vision issues.*

Heart of Community Awards

February 2, 2018

Westborough Country Club  
631 S. Berry Rd, Kirkwood, MO

Board Meetings

February 1<sup>st</sup> & March 1<sup>st</sup>  
3540 Greenwood Blvd.  
Maplewood, MO 63143

Business Meetings

February 8<sup>th</sup> & March 8<sup>th</sup>, 2018  
Hawken House Hearth Room  
1155 S. Rock Hill RD. Webster  
Groves, MO 63119

General Meetings

February 22<sup>nd</sup> & March 22<sup>nd</sup>, 2018  
Hawken House Hearth Room  
1155 S. Rock Hill RD. Webster  
Groves, MO 63119

1<sup>st</sup> BBQ of Season

March 9/10, 2018  
General Grant Center, 8400  
Watson Road, Webster Groves,  
MO 63119

Officer Installation Dinner

March 16, 2018  
Genesis Banquet Center  
2651 Telegraph Rd  
St Louis, MO 63125

District 26-M2 Annual Lions  
Convention

March 23<sup>rd</sup> - 25<sup>th</sup>, 2018 at the  
Double Tree Hotel - Westport in  
St. Louis Missouri. For more  
information, go to  
<http://www.lions26m2.org/convention.html>

Easter Egg Hunt

March 31, 2018  
Southwest Park

Call Lion Teddi at 314-724-3721  
to Volunteer

2018 Wine Fest

April 29, 2018  
Hawken House Hearth Room  
1155 S. Rock Hill RD. Webster  
Groves, MO 63119

Call to District Convention 2018  
**10th ANNUAL DISTRICT 26-M2 CONVENTION To Be Held**  
March 23<sup>rd</sup> thru March 25<sup>th</sup>, 2018  
Doubletree Hotel St. Louis at Westport  
1973 Craigshire, St. Louis, MO 63146

The Convention will be held at the Doubletree Hotel St. Louis at Westport Plaza. This is where all the Saturday business meetings, luncheon, voting, banquet and Sunday memorial service will be held.

The Hospitality night will be on Friday night also at the Doubletree Hotel St. Louis at Westport Plaza. This is a fabulous facility that will be able to hold lots of Clubs' hospitality booths, and includes a large dance floor with lots of room for socializing with Lions and friends.

The Doubletree Hotel is looking forward to hosting the Lions in 2018.

More information at <http://www.lions26m2.org/convention.html>

Heart of the Community Awards Banquet

The Webster/Shrewsbury/Rockhill Chamber of Commerce will hold its Heart of the Community Awards Banquet on February 2nd at the Westborough Country Club. Our Lion Greg Hanser, last year's Lion of the Year will receive a Heart of the Community award, while Lion Don Gerber will receive a Lifetime Achievement Award. Hopefully the event will be well attended to support our Lions.

MAKE YOUR RESERVATION AT THIS LINK:

<http://www.webstershrewsburychamber.com/heart-of-community-awards.html>

Officer Installation

Officer Installation will be held March 16<sup>th</sup> at the Genesis Banquet Center, 2651 Telegraph Rd, St Louis, 63125. Please join us for the installation of your FY 2018-2019 officers.  
**At this time, the cost of admission is approximately \$40/person.**

Call Lion Sandy Halama @ 314-795-7450 for more information.

2018 Wine Fest

We will again have a "go" at a Wine Fest, but in the spring. It will be held April 29, 2018, 2-5 pm, at the Hawken House Hearth Room, 1155 S. Rock Hill Rd, 63119. Tickets are \$20 in advance or \$25 at the door.

As usual there will be a 50/50 drawing and raffle. 15% of any sales will go to the club.

This year, let's see if "outsiders" can outnumber Lions.

Call Lion Sandy @ 314-795-7456 or Lion Larry @ 314-993-0068



Just imagine if every Lion, **1.4 million**, asked one person to join their club...

...now imagine how much more Lions could do and how many more people they could serve!

All it takes is asking one person...get started today!!!



## AND WHAT DO WE DO WITH CARNIVAL & BBQ EARNINGS (& OTHER DONATIONS)?

The Webster Groves Lions helps to support many charities and community causes. We are able to do this by the continued efforts by our members and volunteers in fund raisers. Among these charities and causes are:

### Peace Poster Contest

Each year, Lions clubs around the world proudly sponsor the Lions International Peace Poster Contest in local schools and youth groups. This art contest for kids encourages young people worldwide to express their visions of peace. For 25 years, more than eight million children from nearly 100 countries have participated in the contest. The Webster Groves Lions sponsors a Peace Poster Art Contest for middle school students in *Webster Groves and Affton Rogers Middle schools*. The theme of the 2013-14 Peace Poster Contest is "Our World , Our Future." Students, ages 11, 12 or 13 on November 15, are eligible to participate.

Each year's art contest for kids consists of an original theme incorporating peace. Participants use a variety of mediums, including charcoal, crayon, pencil and paint, to express the theme. The works created are unique and express the young artists' life experiences and culture. Each poster is judged on originality, artistic merit and expression of the theme. The winner will be submitted to Lions Clubs International Contest for entry into the national contest.

The Grand Prize winner for this year's contest was Miss Riley Murray of Rogers Middle School.



### Juvenile Diabetes Research Foundation

JDRF is the leading global organization funding type 1 diabetes (T1D) research. Our strength lies in our exclusive focus and singular influence on the worldwide effort to end T1D.

**Vision:** A world without type 1 diabetes

**Mission:** Accelerating life-changing breakthroughs to cure, prevent and treat T1D and its complications

#### **Why we fight type 1 diabetes**

Type 1 diabetes is an autoimmune disease that strikes both children and adults suddenly. It has nothing to do with diet or lifestyle. There is nothing you can do to prevent it. And, at present, there is no cure. In T1D, your pancreas stops producing insulin—a hormone the body needs to get energy from food. This means a process your body does naturally and automatically becomes something that now requires your daily attention and manual intervention. If you have T1D, you must constantly monitor your blood-sugar level, inject or infuse insulin through a pump, and carefully balance these insulin doses with your eating and activity throughout the day and night.

However, insulin is not a cure for diabetes. Even with the most vigilant disease management, a significant portion of your day will be spent with either high or low blood-sugar levels. These fluctuations place people with T1D at risk for potentially life-threatening hypoglycemic and hyperglycemic episodes as well as devastating long-term complications such as kidney failure, heart attack, stroke, blindness and amputation

#### **JDRF wants a world without T1D**

JDRF works every day to change the reality of this disease for millions of people—and to prevent anyone else from ever knowing it—by funding research, advocating for government support of research and new therapies, ensuring new therapies come to market and connecting and engaging the T1D community. Founded by parents determined to find a cure for their children with T1D, JDRF expanded through grassroots fundraising and advocacy efforts to become a powerhouse in the scientific community with dozens of U.S. locations and six international affiliates. We've funded more than \$2 billion in research to date and made significant progress in understanding and fighting the disease. We must keep up the pace of funding so progress doesn't slow or stop entirely.

You're the reason for our success.

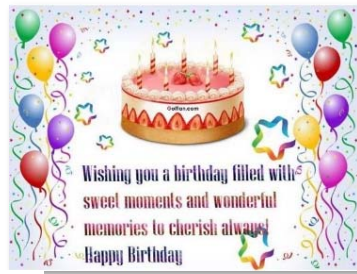
Every dollar we put toward research comes from donations. So when you support JDRF with your time, talent, voice and, yes, your money, you enable us to advance even more research.

There are many ways to join the JDRF family, but for 47 years there has been only one reason— because we are the organization that will turn **Type One into Type None**.

## February Birthdays

Lion Dennis Donze - 12<sup>th</sup>

Lion Michelle Krabbe - 19<sup>th</sup>



## February Anniversaries

Lion Mary Ulrich - 3 yrs

Lion Helen O'Keefe - 3 yrs

Lion Raymond Johnson - 6 yrs

Lion Thomas Nieman - 6 yrs

Lion Tim Rabbit - 12 yrs

## March Birthdays

Lion Norma Belcher - 6<sup>th</sup>

Lion Dave Whitney - 12<sup>th</sup>

Lion Lou Schopper - 20<sup>th</sup>

## March Anniversaries

Lion Diane Harris - 1 yr

Lion Mark Harris - 1 yr

Lion Max Burton - 16 yrs

Lion Cheryl Davidson - 17 yrs

Lion Tim Donze - 17 yrs

Lion Le Keefer - 51 yrs

### Perfect Attendance

In order to receive a perfect attendance pin, you must attend all 22 meetings. If you miss a meeting you can make it up by working a function, or attending another Lions meeting (Board Mtg., Zone Mtg., etc.) within a two-week time frame.

### Matching Funds

If you have a specific organization you would like to donate to, the club will match your donation up to \$500. For the club to match your donation, you must submit to the president or secretary a description of your charity and what it represents, a check made out to that organization, and an addressed envelope.

If you are interested in being on a committee for the upcoming year, please see President Lion John Gregory.

Keep an eye out for the next squeal!  
If you have any news or pictures, please submit to Lion Fred!



LIONS ROBBY & THERON POE

FEATURED LION

Who Is It: Robby Bennett Poe  
 Married to: Lion Theron Poe  
 Children: None  
 Resides in: St. Louis, MO  
 Pets: 2 dogs, Tabby & Maria  
 Church: Haven't found one we like  
 Born and Raised: Kinmundy, IL  
 Childhood Dream Career: A teacher, when I was a child  
 Something we don't know about you: I have a horticulture degree  
 Free Time: Hiking, Netflixing  
 Hobbies: Baking, gardening  
 Proud Accomplishment: Holding several offices in FBLA (Future Business Leaders of America)  
 Favorite Holiday: Christmas  
 Favorite Food: Orange chicken  
 Favorite Movie: Twister  
 Favorite TV Show: Family Guy  
 Favorite Music: Pop  
 What Do You Like About Your Job? I being able to solve problems when they arise.  
 Why Do You Like Being A Lion? I like everything the Lions do for the community. Being able to help with the BBQ was an amazing experience.  
 Why Did You Become a Lion? My husband introduced me to Lions Becky & Teddi who showed me what being a Lion is all about. Everyone looks out for each other, always willing to lend a helping hand to anyone in need. It is for these reasons I became a Lion.

=====

FEATURED LION

Who Is It: Theron Poe  
 Married to: Lion Robby Poe  
 Children: None  
 Resides in: St Louis, MO  
 Pets: 2 dogs, Tabby & Maria  
 Church: None officially  
 Born and Raised: Born in Effingham, IL  
 Childhood dream Career: Military doctor  
 Talents: Piano player for 14 years  
 Free Time: Netflixing, reading, the gun range  
 Hobbies: hooting, research, St Louis Symphony  
 Favorite Holiday: Thanksgiving  
 Favorite Food: Italian  
 Favorite Movie: Theory of Everything  
 Favorite TV Show: Star Trek (The original)  
 Favorite Music: Classical Tchaikovsky, Rachmaninoff, Chopin, etc.)  
 What Do You Like About Your Job: People interaction  
 Why Do You Like Being A Lion: Being part of a team to better the community.  
 Why Did You Become a Lion? To bring joy to others through service.



Newest Members  
Robby & Theron Poe

Toy Delivery to  
Epworth



Pancakes with Santa



Toys Collected  
for Epworth  
Center for  
Children



2017 Club  
Christmas Party



Lion Sandy preparing  
Thanksgiving Dinners for  
needy families.



### Why Are Politicians Who Have Not Been Re-elected but Are Serving Out Their Terms of Office Called *Lame Ducks*?

Politicians are used to worse four-letter words than *lame duck*, but the meaning of these words is bleaker than any obscenity: You are being booted out of office and have to find a *real* job now.

The original *lame ducks* were not ducks and not politicians but financial persons, members of the London Stock Exchange in the eighteenth century, who were clobbered by bears rather than embraced by bulls. Those who could not pay off their debts were booted out of their seats and referred to as *lame ducks*.

By 1863 the expression was used to describe American officeholders, particularly holdover congressmen. The reason a duck was chosen, rather than an aardvark or a penguin, is probably because of a similar old hunter's expression, "Never waste powder on a dead duck." A congressman voted out of office was clearly wounded but far from dead, for although he might have lost an election, he didn't yield his seat until March 4, plenty of time to sail through pork-barrel measures, punish old enemies, and generally create havoc without having to answer to his constituencies.

The problem was so obvious that the Twentieth Amendment was created to resolve it. New congressmen now join the fray in January, and, of course, the Senate and House of Representatives have been totally efficient deliberative bodies ever since.

*From: "Who Put The Butter In Butterfly?"*

### Why Do We Say *Let the Cat Out of the Bag* Rather Than *Let the Gerbil Out of the Bag*?

*Gerbil* won't work because this expression is not metaphorical. In medieval times, pigs were sold live at fairs and open markets. Pigs aren't exactly docile, and they don't cotton to standing still in stalls while shoppers eye their potential as bacon.

Without room to house the pigs in pens, the only practical solution was for the sellers to tie up the pigs in burlap sacks. The customers couldn't see what they were buying, and a gullible buyer—the type that today would see a three-card monte game in Times Square as an opportunity to enhance his financial security—might end up buying a cat rather than a pig. When the buyer finally opened his bag, the truth was revealed.

The theory that some buyers were actually fooled is bolstered by another cliché, a *pig in a poke*. A *poke* is Middle English for "sack" or "bag." This expression implies a blind guess, one that is as likely to turn "catty" as "porcine."

### CARMINE'S CHOCOLATE BREAD PUDDING (From New York Restaurant)

3/4 cup golden raisins  
7 large eggs  
3 cups heavy (whipping) cream  
1 cup granulated sugar  
3 tablespoons pure vanilla extract  
2 teaspoons ground cinnamon  
2 pounds day-old rustic bread  
1/2 cup unsalted butter, at room temperature  
1 cup semisweet chocolate chips  
whipped cream or ice cream (optional, for serving)



In a small bowl, cover raisins with cold water and soak them for about 1 hour. Drain and set aside (the raisins can soak while you make the custard). To make the custard, in a large bowl, whisk together the eggs, cream, sugar, vanilla and cinnamon. Set aside.

Trim crust from bread and cut bread into 4-by-2-inch rectangles about 3/4 inch thick. Lightly toast the bread slices in a toaster, toaster oven, oven or broiler. While the toast is still warm, spread each side generously with butter.

#### TO MAKE BREAD PUDDING:

Snugly line the bottom of a bread loaf pan\* with bread. Scatter a quarter of raisins and a quarter of the chocolate chips over the bread. Top with another layer of bread slices. Keep layering the pudding until there are four layers and all the raisins, chocolate and bread are used. The top layer should be raisins and chocolate. Gently pour the custard over the pudding so that it sinks down to the bottom and covers the top of the pudding. With the back of a spoon or spatula, press down on the bread to compact the pudding and distribute the custard. Cover the pan tightly with plastic wrap and then with aluminum foil. Refrigerate at least 2 hours or for up to 12 hours.

#### WHEN READY TO BAKE:

Preheat oven to 350 degrees F. Position a rack in the center of the oven. Put a deep roasting pan, large enough to hold the loaf pan easily, on the rack.

Remove the foil and plastic wrap from the bread pudding. Discard plastic wrap and replace foil over the pan. Set the loaf pan in the roasting pan and add enough hot water to the roasting pan to come half to three-quarters of the way up the sides of the loaf pan.

- If standard loaf pan, reduce layers by one.

(cont. on Page 2)

### Publication Dates:

Feb/Mar - Jan 18<sup>th</sup>  
Apr/May - March 24<sup>th</sup>  
Jun/Jul - May 26<sup>th</sup>  
Aug/Sep - July 28<sup>th</sup>  
Oct/Nov - September 22<sup>nd</sup>  
Dec/Jan - November 25<sup>th</sup>

Please send any items you would like to see in this newsletter to Fred Yoder at: [fredy1@swbell.net](mailto:fredy1@swbell.net)  
No later than 1 week prior to publication date.



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