Webster Groves Lions Newsletter Squeal

October/November 2015 Volume 1, Issue 5 www.webstergroveslions.org Celebrating our 90th Anniversary

President Lion Teddi Speeler



President's Message

Fellow Lions,

Fall is officially in the air, I am looking forward to all that October and November have to offer.

With fall on the horizon we aren't slowing down. We are busier than ever. We have our Wine Tasting, Firehouse Open House, Governors visit, October BBQ, and Health Fair. Not to mention the football luncheon in November.

All of these events are a great opportunity for us to be leaders in the community. We lead by example, serving others with joy, hope and a love for the community of Webster Groves.

With all these events coming up, let's reach out to the community and tell at least one person about Lions and what we do. Why can't we find others who are just as passionate about Webster Groves? I am challenging all of our members to bring one guest to an upcoming meeting or function. Let them come see how hard we work, and how much fun it is to be a LION. If you can't bring a guest then call up a

member you haven't seen in a while and get them to come out.

We need to grow as a club as well as re-spark the passion in our existing membership.

I look forward to seeing all of you soon, as well as some new faces. Thank you for allowing me to serve this wonderful club. I am truly proud to be a Webster Groves Lion and I hope you are as well.

Yours in Lionism

President Lion Teddi Speeler

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Our Motto "We Serve"

Webster Groves Lions Est 1925

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WHAT IS LCIF?

Lions around the world are united by a great spirit of giving and dedication to helping others. As the official charitable organization of <u>Lions Clubs International</u>, a leading humanitarian organization, Lions Clubs International Foundation (LCIF) supports Lions' compassionate works by providing grant funding for their local and global humanitarian efforts.

We help Lions serve

LCIF helps Lions improve peoples' lives around the world, from combating vision problems to responding to major catastrophes to providing valuable life skills to youth. Because LCIF helps Lions carry out large-scale projects through our grant programs, Lions increase their impact in their local and global communities and serve even more people in need around the world.

Our funds come from individuals

Donations from 1.4+ million Lions in 210 countries and geographic areas provide the vast majority of the revenue received by LCIF, making the Foundation a leading humanitarian organization. Lions know their donations matter and that funds entrusted to LCIF will support initiatives that impact communities and change lives.

We form lasting and successful partnerships

LCIF leverages the donations we receive through effective partnerships with other foundations, corporations and governments on the local, national and international level. We are proud that LCIF was named the #1 non-governmental organization worldwide with which to partner, according to a 2007 *Financial Times* independent survey.

We have key areas of service

To support Lions' mission of serving communities and meeting humanitarian needs, LCIF provides grants in these focus areas:

- Saving Sight
- Serving Youth
- Providing Disaster Relief
- Meeting Humanitarian Needs

We make an impact

LCIF and Lions reach millions of people and accomplish visible results. Some of our accomplishments include:

- Preventing serious vision loss for more than 30 million people
- Providing over 153.3 million treatments for river blindness
- Engaging more than 13 million students and 600,000 educators in 90 countries in the youth development program Lions Quest
- Building or expanding 615 eye hospitals/clinics/wards
- Conducting more than 19 million vision screenings for children through Sight for Kids
- Providing vision screening for more than 350,000 Special Olympics athletes from 85 countries through Opening Eyes

Our impact last year

In fiscal year 2013-2014, we had a great impact in lives around the world through 538 grants totaling more than US\$46 million. Some of our accomplishments included:

- 51,000 people helped through 154 disaster related grants
- 10 million people helped through 188 humanitarian grants
- 16 countries expanded Lions Quest through 37 Core 4 grants
- 20 grants supported the vaccination of millions of children against measles and rubella
- 47 SightFirst grants provided eye care services to more than 10 million people, improved 48 eye care facilities and/or trained 150 eye care professionals

October BBQ Our October (and last for the year) BBO is October 9th & 10th.

Please sign up with Lion Becky.

Webster Groves Fire Department Open House October 3rd

Please sign up to help with Lion Larry Schumaier

Health Fair October 17th

For more information please contact Lion Teddi Speeler via email at speeler36@hotmail.com.

Webster Groves Make A Difference Day

October 24 Please sign up to help with Lion Larry Schumaier

Webster Groves HS Football Luncheon November 24th Please sign up to help with Lion Larry

Schumaier

Wine Tasting Event (Upcoming)



Admission includes: Souvenir tasting glass, light hors d'oeuvres, and unlimited samplings of select vintage wines. Craft beers will be also available for tasting.

Date: Saturday, September 26th Time: 7:00 - 10:00 PM

Location: Webster Groves Christian Church 1320 W. Lockwood Ave., 63122 For Advance Tickets or more information:

Contact

Lion Larry Suiter (314-993-0068 Lion Sandy Halama (314-965-7456)

Watch our website for up-to-date information www.webstergroveslions.com

Health Fair (Upcoming)

October 17th is our health fair. It's a free event for the community and it's open to the public. . It's a great opportunity to get a checkup, have your eye checked as well as your hearing tested and have your cholesterol looked at and a diabetes test. There will be other doctors there from chiropractic to general health. I can't think of a better opportunity to have these tests done all in one location.

For more information please contact Lion Teddi Speeler via email at speeler36@hotmail.com.

The event will be held at the Hawken House Hearth Room located at 1155 South Rock Hill rd. St. Louis MO 63119. It will be held from 10am-2pm.

Look forward to seeing you there!

TAKING A BREAK

As 2015 approaches its close (yes-only 86 days until Christmas), the club's major events will be complete until spring. We thank anyone who contributed to the "Boots for Backstoppers" campaign at the Lions BBQ and enjoyed some BBQ, and especially those who toiled many hours cooking, serving and cleaning up.

For those new members who may not be familiar with our club, we were chartered in 1925. Since then, the Lions Club of Webster Groves has contributed more \$3 million to worthwhile needs including: aid to the blind, college scholarships, assistance to the needy and support of youth athletic teams.

A brief summary by decade:

1920's: The first Lions carnival was held in August 1926. The 90th consecutive Lions carnival was held this year, 2015.

1930's: Webster Groves Lions financed and supervised construction of Webster Groves municipal tennis courts and baseball fields.

1940's: Webster Lions began hosting a luncheon for Webster High football team, coaches, and cheerleaders before the annual Turkey Day game; a tradition that continues today.

1950's: Webster Lions financed and supervised the construction of a permanent Wading Pool at the Municipal Pool in Memorial Park.

1960's: Webster Lions switched their carnival from late summer/early fall to the 4th of July in support of the Webster Groves Community Days.

An annual WGHS College Scholarship program was begun in 1964 to benefit deserving high school graduates. This program continues today with over \$300,000 in scholarships awarded.

1970's: The Lions were major contributors to the relocation of the Hawken House from Big Bend to its present location in Southwest Park.

The Lions also made substantial improvements to Moss Field including lights, scoreboard, and sprinklers.

1980's: WG Lions were major contributors to the construction of the Webster Groves History Center, popularly called the "The Barn".

1990's: Webster Lions spent more than \$20,000 and hundreds of man-hours of labor to install commercial grade electrical wiring in Memorial Field for the safety and benefit of the annual July 4th carnival goers.

2000's: Webster Lions welcomed the new millennia by contributing more than \$30,000 to the improvements to the Andy High ball field at the Lions Club Athletic fields in Webster's Memorial Park.

2010's: Webster Lions go into their second decade of 7 monthly Bar B Q,s at 8400 Watson Rd. held the second weekend of every month March thru October except July when we have our annual carnival, because of these Bar B Q's, Lions are able to increase donations to Community and Scholarships. Also during this decade Webster Groves Lions Donated \$36,000 to L.C.I.F. Sight First (Lions Clubs International Foundation's) Fund the efforts of Lions nongovernmental organizations, and others to fight the major causes of preventable and reversible blindness, and other major disasters around the world. L.C.I.F. Donates over \$30 mil annually thru out the world.

Just imagine if every Lion, 1.4 million, asked one person to join their club...

...now imagine how much more Lions could do and how many more people they could serve!

All it takes is asking one person...get started today!!!



SMOKE DETECTORS

Having smoke detectors in your home should be a no-brainer. After all, the consequences of not getting your family out of your burning home in time is pretty obvious, and smoke detectors are fairly inexpensive, readily available, and easy to install.

Smoke Detector Statistics

The importance of smoke detectors make the results of a 2008 phone survey easy to understand. It found that 96% of households in the United States reported that they had at least one smoke detector. Unfortunately, the results of that smoke detector survey isn't corroborated by the fact that smoke detectors aren't found in just over 30% of home fires.

More smoke detector statistics:

- About two-thirds of the deaths in home fires are in homes that either didn't have a smoke detector (40%) or didn't have a working smoke detector (23%).
- Many people don't know that they should replace their smoke detector every seven to ten years.
- Most smoke detectors don't work because the smoke detector battery is dead or has been removed or disconnected.

Smoke Detector Tips

To keep your family safe, you should:

- Install a smoke detector in every bedroom of your home and in the hall that leads to one or two bedrooms, and make sure there is at least one on each floor of your home, even in your basement.
- Choose a hard-wired smoke detector that has a battery backup, so that it will work even if the power goes out. Hard-wired smoke detectors are reported to be more reliable in fires than those that are powered by batteries alone.
- Get a smoke detector that has strobe lights that flash and/or vibrates if there is someone with hearing loss in your home.
- Be sure your smoke detectors are installed properly, according to the local code. Choose a
 combination or dual photoelectric and ionization smoke detector, since each type responds
 best to different types of fires, or install each type of smoke detector in your home and
 interconnect them. In general, ionization smoke detectors are best for detecting flaming
 fires, while photoelectric smoke detectors are best for detecting smoldering fires.
- Replace your <u>smoke detector batteries</u> at least once a year
- Test your smoke detector each month and replace it if it doesn't work or if it is already 8 to 10 years old.

Since your smoke detectors are simply early warning signals of a fire in your home, to be safe you also need a good home <u>fire escape plan</u> so that you can take advantage of that early warning and extra time and quickly get your family out of your home.

Excerpted from: http://pediatrics.about.com/od/firesafety/a/Smoke-Detectors.htm?utm_term=home%20fire%20safety%20checklist&utm_content=p1-main-1-title&utm_medium=sem&utm_source=msn&utm_campaign=adid-88dbbd50-db31-44db-811d-243b7ab44260-0-ab_mse_ocode-12612&ad=semD&an=msn_s&am=exact&q=home%20fire%20safety%20checklist&dqi=home%2Bfire%2Bsafety%2Bchecklist&o=12612&l=sem&csrc=999&askid=88dbbd50-db31-44db-811d-243b7ab44260-0-ab_mse

Sixth BBQ of the Season



The September BBQ was a good success. In commemoration of 9/11, the Webster Groves and Shrewsbury Firemen (and women) were present with "Fill the Boots" for Backstoppers. The community was quite generous while enjoying Lions BBQ.

While not as good as some months, we did net over \$3,000. There were many events on Friday the 11th, which hurt attendance somewhat and the weather was threatening.

We make a good team to put out a great product, that our customers come back for month after month. Thank you to all that helped; we could not do this without you!!!!!!!

Lion Leo Christ

October Birthdays

Lion June Lenk – 1st

Lion Luke Baumstark – 1st

Lion Leo Christ - 5th

Lion Craig Krabbe - 10th

Lion Thomas Nieman – 19^{th}

Lion Greg Hanser – 29th

October Anniversaries

Lion Rob Halama – 8 yrs

Lion Sandy Halama - 8 yrs

Lion Phil Hunt - 30 yrs

Lion Larry Schumaier – 35 yrs

Lion Frank Tallis - 8 yrs

Lion Kurt Weisenfels - 36 yrs

Lion Dave Whitney – 37 yrs

Lion Marshal Yost - 42 yrs



November Birthdays

Lion Fred Yoder – 6th Lion John Gregory – 30th

November Anniversaries

Lion Norma Belcher – 14 yrs

Lion Bill Otto - 6 yrs

Lion Pat Rabbitt - 17 yrs

Lion Bill Newhouse - 22 yrs



Perfect Attendance

In order to receive a perfect attendance pin, you must attend all 26 meetings. If you miss a meeting you can make it up by working a function within a two week time frame.

Matching Funds

If you have a specific organization you would like to donate to, the club will match your donation up to \$500. For the club to match your donation, you must submit to the president or secretary a description of your charity and what it represents, a check made out to that organization, and an addressed envelope

If you are interested in being on a committee for the upcoming year, please see President Lion Teddi Speeler.

Keep an eye out for the next squeal!

If you have any news or pictures please submit to Lion Fred!



JONS NORMA BELCHER & SHARON CHRIST

FEATURED LION

Who Is It: Lion Sharon Christ Married to: Lion Leo Children: Phillip & Kellie Resides in: Maplewood

Pets: None Church: None

Born and Raised: St. Louis

Childhood dream Career: Commercial Artist

Something we don't know about you: Nothing; I'm an open book!

Talents: Artist

Free Time: Reading, cross-stitch, couch potato

Hobbies: Cross stitch, painting

Proud Accomplishment: Becoming a Lion

Favorite Holiday: Christmas Favorite Food: Mac n' Cheese Favorite Movie: Crossfire Trail Favorite TV Show: NCIS Favorite Music: Country

What Do You Like About Your Job: Retired and lovin' it!

Why Do You Like Being A Lion?: I love being able to help those less fortunate;

comradery

Why Did You Become a Lion? To help those less fortunate or unable to help

themselves.

FEATURED LION

Who Is It: Lion Norma Belcher Married to: Lion Bill Belcher

Children: 2 daughters, 1 step-daughter, & 2 step-sons

Resides in: Fenton Pets: None

Church: St. Paul Catholic Church Born and Raised: Folsom, KY

Childhood dream Career: Country music singer

Something we don't know about you: I used to be extremely bashful; I was

raised in a 3-room house with no plumbing; with 3 siblings!

Talents: I'm organized and dependable Free Time: Reading and playing games

Hobbies: Scrapbooking

Proud Accomplishment: I was blessed to be promoted to good positions in good

companies

Favorite Holiday: Thanksgiving

Favorite Food: Ham, beans and cornbread; chocolate covered strawberries

Favorite Movie: The Sound of Music and Top Gun

Favorite TV Show: Hawaii Five O

Favorite Music: Country

What Do You Like About Your Job: Being retired!

Why Do You Like Being A Lion?: Helping others, hopefully making a diffence in

their life.

Why Did You Become a Lion? To serve others to the best of my ability; to hear stories of someone able to see first time; to be part of an organization that

makes that possible



Webster Groves Lions Carnival 2010





Lion Tim's Presidency Exit 2014



Webster Groves Christmas Party 2009.

Imponderables

How Do They Keep All the Raisins in Cereal Boxes from Falling to the Bottom?

The Rule of Popcorn Physics, which states that un-popped popcorn kernels fall to the bottom of the bowl, has saved many a tooth for generations. The explanation for this immutable law is easy enough to comprehend: un-popped kernels fall to the bottom both because their density is greater than expanded popcorn and because our handling of the corn creates crevices for the un-popped kernel to slide down.

Many inquisitive types have searched for corollaries to the Popcorn Physics rule. For example, the tenet of Slithery Sundaes posits that regardless of how much syrup or toppings one puts atop ice cream in a sundae, it will all fall to the bottom of the bowl anyway, collecting in a pool of glop.

So it was not without a feeling of reverence and awe that we approached the subject of raisins in cereal boxes, tiny dried grapes that seem to defy the usual laws of food gravity. Linda E. Belisle, at General Mills, supplied the simple but elegant solution.

Raisins are added to boxes only after more than half of the cereal has already been packed. The cereal thus has a chance to settle and condense. During average shipping conditions, boxes get jostled a bit (the equivalent of our stirring the contents of a popcorn bowl while grabbing a fistful), so the raisins actually sift and become evenly distributed throughout the box.

The tendency of cereal to condense within the package is responsible for the warning on most cereal packages that the contents are measured by weight rather than volume. Little did you know that this condensation was also responsible for the Law of Rising Raisins.

From "Why Do Clocks Run Clockwise?"

Historical Tidbit

"The Star-Spangled Banner" is the national anthem of the United States of America. The lyrics come from "Defence of Fort McHenry", a poem written in 1814 by Francis Scott Key.

The poem was set to the tune of a popular British song written by John Stafford Smith for the Anacreontic Society, a men's social club in London. "To Anacreon in Heaven". Set to Key's poem and renamed "The Star-Spangled Banner", it would soon become a well-known American patriotic song.

"The Star-Spangled Banner" was recognized for official use by the United States Navy in 1889, and by U.S. President Woodrow Wilson in 1916, and was made the national anthem by a congressional resolution on March 3, 1931, which was signed by President Herbert Hoover.

Homemade Mayo:

From the kitchen of Lion John Schink
Tired of runny store bought mayo where the primary ingredient is water?

Try this:

1 large egg straight from fridge

2-3 tsp of lemon juice or juice from half of a lemon

1/4 tsp salt

1 cup extra light olive oil. DO NOT USE REGULAR OLIVE OIL

You can add other ingredients to taste such as a tablespoon of Dijon mustard, clove of garlic, or freshly ground black pepper.

You need an immersion blender and a tall glass jar barely wide enough to accommodate the blender head. ((one pint wide mouth mason jar)

- 1. Add all the ingredients to the container and let set just long enough to let the egg settle at the bottom.
- 2 .Push immersion blender all the way down, making contact with the bottom of the container.
- 3. Turn blender on but do not move for a full 20 seconds.
- 4. After 20 seconds GRADUALLY start moving the blender up, down and around to make sure the oil gets well incorporated.

This mix will store in refrigerator for 2 to 3 weeks in an air tight container.

Source: The healthyfoodie.com.

Publication Dates:

Apr/May - March 24th Jun/Jul - May 26th Aug/Sep - July 28th Oct/Nov - September 22nd Dec/Jan - November 25th

Please send any items you would like to see in this newsletter to Fred Yoder at: Fredy2@fredy.com
No later than 1 week prior to publication date.



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8-Sep-15

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